Market Street





Quality ingredients. freshly prepared throughout the day.

We use **British** bacon and sausage in all of our **Breakfasts**

We use fresh Cod or Haddock for our battered fish

We use white baps baked in store



BREAKFAST CERVED UNTIL 3PM

BIG DADDY SCOTTISH BREAKFAST (9478k)/2276kcal)

Three slices of Lorne sausage, three rashers of bacon, three potato scones, two fried eggs, Heinz Baked Beanz, mushrooms, two halves of tomato, two slices of black pudding and two half slices of fried bread.

BIG SCOTTISH BREAKFAST (5195k1/1247kcal)

£4.80

£6

One slice of Lorne sausage, three rashers of bacon, two potato scones, one fried egg, Heinz Baked Beanz, mushrooms, half a tomato and half a slice of fried bread.

Add two slices of toast and a fruit juice on the **above** breakfasts for **£1.50**.

BUILDERS' BIG SCOTTISH BREAKFAST BUTTY (5801kJ/1386kcal)

£5

Two slices of Lorne sausage, two rashers of bacon, two potato scones, one fried egg, Heinz Baked Beanz, mushrooms and two halves of tomato all served in a giant bap.

SMALL SCOTTISH BREAKFAST (3157kJ/754kcal)

£3.80

One slice of Lorne sausage, one rasher of bacon, one potato scone, one fried egg, Heinz Baked Beanz, and half a tomato, served with two slices of white **OR** brown toast.

BREAKFAST OMELETTES (2138kJ/513kcal)

£3.80

Two omelettes, mushrooms, half a tomato and Heinz Baked Beanz.

LIGHTER BREAKFAST (2063kJ/493kcal)

£3.80

Two rashers of bacon, Heinz Baked Beanz, two halves of tomato, one poached egg and one slice of white **OR** brown toast.

New VEGAN BREAKFAST (3977kJ/953kcal)

£3.80

Three meat free sausages, two hash browns, Heinz Baked Beanz, two halves of tomato and one slice of white **OR** brown toast.

V VEGETARIAN BREAKFAST (3898kJ/936kcal)

£3.80

One meat free sausage , two hash browns, Heinz Baked Beanz, mushrooms, half a tomato, two fried eggs and one slice of white OR brown toast.

V BIG VEGETARIAN BREAKFAST BUTTY (4547kJ/1094kcal) £5

Three meat free sausages (iii), two hash browns, Heinz Baked Beanz, mushrooms, two halves of tomato and two fried eggs, all served in a giant bap.

BREAKFAST SANDWICH (3439kJ/825kcal)

£2.50

Two sausages **OR** two slices of Lorne sausage **OR** three rashers of bacon **OR** two meat free sausages . served in a bap.

We love black pudding. Add it to your breakfast for **75p**.

EGGS BENEDICT (2977kJ/715kcal)

£3.80

Two poached eggs and two rashers of bacon, served on a breakfast muffin and topped with hollandaise sauce.

POACHED EGG WITH AVOCADO (2434kJ/585kcal) £3.80

Two poached eggs with smashed avocado, served on a breakfast muffin.

V EGGS ON TOAST (2790kJ/670kcal)

£2.50

Two poached **OR** scrambled **OR** fried eggs, served on two slices of white

PORRIDGE (1311kJ/312kcal) 400

£1.50

£1

Freshly made to order with a choice of semi-skimmed milk **OR** water **OR** soya alternative **OR** almond alternative.

- TOPPED WITH BANANA & HONEY (806k]/190kcal) 🕜 🦝 50p
- 🕇 TOPPED WITH BANANA & HAZELNUT CHOCOLATE FLAVOUR SPREAD (1148kJ/274kcal) 🕜 👼

50p 50p

- TOPPED WITH BERRY COMPOTE & FRUIT (214kJ/51kcal) 🕜 🧓 **(V) TOAST** (1377kJ/328kcal) **(400)**

Two slices of white **OR** brown toast.

V TOASTED FRUIT TEACAKE (1169kJ/279kcal) (400)

£1

A freshly toasted fruit teacake served with butter.

TOASTED CRUMPETS (1270kJ/302kcal) Morrisons



£1

Two toasted crumpets served with butter.

Add jam **OR** honey **OR** marmalade for **40p**.



How do you like your eggs? Poached. scrambled **OR** fried.



CREATE YOUR OWN BREAKFAST

75p per item

Slice of Lorne sausage (787kJ/189kcal), sausage (606kJ/146kcal), bacon (349kJ/84kcal), black pudding (677kJ/162kcal), haggis slice (497kJ/119kcal).

- KEGAN Meat free sausage (532kJ/128kcal), Heinz Baked Beanz (362kJ/86kcal), half a tomato (42kJ/10kcal), chopped tomatoes (96kJ/23kcal), hash brown (720kJ/173kcal), half a slice of fried bread (986kJ/238kcal).
- (V) Poached egg (230kJ/55kcal), scrambled egg (314kJ/75kcal), fried egg (443kJ/107kcal) mushrooms (176kJ/43kcal), potato scone (390kJ/92kcal)

KIDS BREAKFAST

£1.50

Choose any three items from the above (one slice of white **OR** brown toast can be included as one of the three items).

FRESH SOUP

£2.25

13/09/2019 17:43

Fresh soup served with a bap. Please ask a colleague for today's choices.

JACKET POTATOES

Jacket potato with a choice of filling. Served with a salad.

• TUNA CRUNCH (1809kJ/431kcal) 🦝	£3.50
• HEINZ BAKED BEANZ (1382kJ/327kcal) 🙃	£3.50
(V) • CHEESE (2193kJ/525kcal) 🐷	£3.50
• PRAWN COCKTAIL (1768kJ/423kcal) 🦝	£3.95
• BEEF CHILLI (2596kJ/619kcal)	£3.95
• 5 BEAN CHILLI (1897kJ/449kcal) 🐷	£3.95

TOASTED SANDWICH

A freshly toasted sandwich with coleslaw and salad garnish, served with chips **OR** a side salad.

• TUNA CRUNCH (5113kJ/1227kcal)	£4
• CHEESE & BACON (4957kJ/1189kcal)	£4
(V) • CHEESE (4608kJ/1106kcal)	£4
(V) • CHEESE & ONION (4634kJ/1112kcal)	£4
(V) • CHEESE & TOMATO (4658kJ/1117kcal)	£4

LOOK OUT FOR

(V) Vegetarian

VEGAN Vegan Recipe



Meat free burgers and sausages are supplied by Naked Glory

MM561314_1673028 Cafe Sept 2019 Scot Braille Folded Menu 594x357_RW.indd





FRESHLY BATTERED Morrison FISH & CHIPS* (1657kJ/394kcal) (3306kJ/787kcal) £4.20 £5.60

MINI FULL

Hand-battered to order fish, served with chips, peas and tartare sauce. Swap battered fish for steamed fish for a healthier option (1030kJ/246kcal)/(2054kJ/491kcal).

WHITBY WHOLETAIL

SCAMPI (2253kJ/539kcal) (4499kJ/1076kcal)

£4.20 £5

Succulent pieces of breaded scampi, served with chips, peas and tartare sauce.

ALL DAY BREAKFAST BRUNCH (4583kJ/1100kcal)

Two sausages, two rashers of bacon, Heinz Baked Beanz, two fried eggs, mushrooms, half a tomato and chips. Swap sausages and bacon for meat free sausages em for a vegetarian option.

CHICKEN TIKKA (3653kJ/867kcal)

£5.50

FULL

Marinated chicken breast pieces in a curry sauce, served with rice and stone-baked naan.

VEGAP New SWEET POTATO &

CHICKPEA KORMA (3507kJ/832kcal)

£5.50

A medley of sweet potato and chickpeas in a curry sauce, served with rice.

BEEF LASAGNE (5719kJ/1370kcal)

£5.50

Beef mince with smoky bacon, Chianti, vintage mature Cheddar, four layers of lasagne and béchamel sauce. Served with garlic bread.

BUTTERNUT SQUASH & LENTIL LASAGNE (2305kJ/548kcal)

£5.50

A ragu with sustainably sourced soya mince, tomatoes and lentils in layers of lasagne with a butternut squash sauce. Served with salad.

BEEF & ALE PIE (3975kJ/950kcal) Morrisons Makes it

£5

Beef and ale pie served with chips **OR** mash, peas and a jug of gravy.

CHICKEN. BACON & LEEK PIE (3938kJ/942kcal) Morrisons £5

Chicken, bacon and leek pie served with chips **OR** mash, peas and a jug of gravy.

LAMB SHANK (4656kJ/1110kcal)

£6

Lamb shank slow cooked in mint gravy. Served with mash and peas.

BANGERS & MASH (3187kJ/763kcal)

£4.20

Three sausages **OR** three meat free sausages served with mash, peas and gravy.

SAUSAGE. EGG. CHIPS & BEANS (3830kJ/918kcal)

Three sausages **OR** three meat free sausages served with fried egg, chips and Heinz Baked Beanz.

1/2 CHICKEN & CHIPS (6405k)/1530kcal) Morrisons

Half an Extra Tasty Chicken served with chips, peas and a jug of gravy.

GAMMON. EGG & CHIPS (3023kJ/722kcal)

£5

Gammon served with fried egg, chips and half a tomato. Swap egg for pineapple (2538kJ/604kcal).

SALMON WITH

HOLLANDAISE SAUCE* (2484kJ/596kcal)

£6

£5

Salmon fillet topped with hollandaise sauce. Served with baby potatoes

CHICKEN & AVOCADO SALAD (3052kJ/729kcal)

£5.50

Warm chicken breast and avocado served with a tossed mixed leaf salad, cherry tomatoes and French dressing.

CHEESE & ONION QUICHE (3344kJ/803kcal) Morrisons

£5.50

Cheese and onion quiche served with mixed leaf salad, coleslaw, roasted vegetable couscous and balsamic dressing.

CHEESE FILLED OMELETTES (3633kJ/870kcal)

£4.75

Two omelettes with a choice of fillings, served with chips and Heinz Baked Beanz. Choose from: cheese **(V) OR** cheese and mushroom **(V) OR** cheese and bacon.

SCOTTISH CAYOURITES

BEEF OLIVE (2822kJ/673kcal)

£5.50

Thinly sliced Simon Howie beef topside steak with a beef sausage filling. Cooked in a redcurrant and onion gravy, served with mash and peas.

MINCE & TATTIES (2967kJ/708kcal)

Minced beef and tender carrots in a rich gravy, served with mash and peas.

MACARONI CHEESE (4945kJ/1179kcal) McIntosh

£4.75

Macaroni pasta in a rich, creamy cheese sauce. Served with garlic bread.



WITH BACON & CHEESE (5417kJ/1296kcal) Morrison

6oz British beef burger topped with bacon and cheese, served in a bap with lettuce, tomato, battered onion rings and coleslaw with chips OR side salad.

Loz BEEF BURGER (4669kJ/1116kcal) Morrisons

£5

60z British beef burger served in a bap with lettuce, tomato, battered onion rings and coleslaw with chips **OR** side salad.

SOUTHERN FRIED CHICKEN BURGER (3830kJ/913kcal) £5

Southern fried chicken burger served in a bap with lettuce, tomato, battered onion rings and coleslaw with chips **OR** side salad.

NEW MEAT FREE BURGER (3483kJ/830kcal)

£5

Meat free burger, served in a bap with lettuce, tomato, battered onion rings and sweet potato fries.

ADD AN EXTRA

CHEESE (398kJ/96kcal)

50p

50p

75p

BBQ SAUCE (259kJ/61kcal)

BACON (349kJ/84kcal)

- BURGER

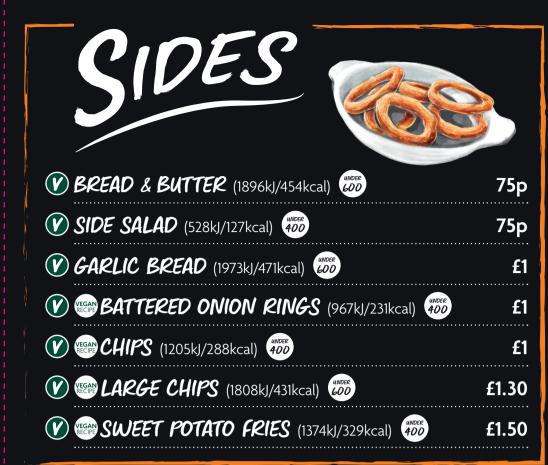
Choose from 6oz British beef burger (1873kJ/450kcal) **OR** southern fried chicken burger (1034kJ/247kcal) **OR** meat free burger 🕮 (798kJ/191kcal).

👍 Upgrade your chips **OR** side salad to sweet potato fries for **50p** extra.





*Available every day from 3pm. Teatime Meal Deal applies to any meal priced £4.50 or more and includes one regular hot drink, regular fizzy drink or bottle of water per meal.





V STICKY TOFFEE PUDDING* (1994kJ/473kcal) **V** SYRUP SPONGE PUDDING* (2202kJ/523kcal)

WARM CHOCOLATE FUDGE CAKE* (2268kJ/541kcal) £2

CHOCOLATE SPONGE PUDDING (2299kJ/550kcal) £2

Served with vegan ice cream (326kJ/77kcal).

*Served with a choice of:

Custard (335kJ/80kcal) **OR** ice cream (192kJ/46kcal) **OR** cream

LOOK OUT FOR

(**V**) Vegetarian

VEGAN Vegan Recipe

Under 400 calories Under 600 calories

₩ Meat free burgers and sausages are supplied by Naked Glory

IMPORTANT ALLERGEN INFORMATION

IF YOU WOULD LIKE TO KNOW ABOUT THE SPECIFIC STATUTORY ALLERGENS THAT ARE PRESENT IN OUR MENU ITEMS, PLEASE ASK ONE OF OUR CAFÉ COLLEAGUES TO REFER TO THE ALLERGEN INFORMATION GUIDE. PLEASE BEAR IN MIND THAT, DUE TO THE WAY WE PREPARE FOOD, IT IS POSSIBLE OTHER ALLERGENS MAY ALSO BE PRESENT.

ALTHOUGH THE RECIPE FOR THIS PRODUCT IS SUITABLE FOR VEGANS PLEASE BE AWARE THAT THEY ARE PREPARED IN AN AREA WHERE FOOD THAT IS NOT SUITABLE FOR VEGANS IS ALSO HANDLED.

*OUR FISH MAY CONTAIN BONES

£2