



Wm Morrisons Supermarket Ltd  
TS01K Cafe Allergen Information Guide

V12

May contain other allergens. Prepared in an open kitchen so we cannot guarantee suitability for people with allergies.  
Vegan Recipe\* - Although the recipe is suitable for vegans, it is prepared in an area where non vegan food is handled

06/01/2025

## MAIN MENU

Celery

Cereals  
Containing  
Gluten

Crustaceans

Egg

Fish

Lupin

Milk

Molluscs

Mustard

Nuts

Peanuts

Sesame  
Seeds

Soya

Sulphites

Vegetarian

Vegan  
Recipe \*

### THE BREAKFASTS

#### BREAKFAST PLATES

Ultimate Breakfast	●	Barley, Oat, Wheat		●			●						●	●		
Full Breakfast		Barley, Rye, Wheat		●			●						●	●		
Small Breakfast		Barley, Rye, Wheat		●			●						●	●		
Full Vegetarian Breakfast		Barley, Rye, Wheat		●			●						●		✓	
Full Vegan Breakfast		Barley, Rye, Wheat											●			✓
Add Chips																✓

#### BREAKFAST PLATES (SCOTLAND ONLY)

Ultimate Scottish Breakfast	●	Barley, Oat, Wheat		●									●	●		
Full Scottish Breakfast		Barley, Rye, Wheat		●			●						●	●		
Small Scottish Breakfast		Barley, Rye, Wheat		●			●						●	●		
Full Scottish Veggie Breakfast		Barley, Rye, Wheat		●			●						●		✓	
Full Scottish Vegan Breakfast		Barley, Rye, Wheat											●			✓
Add Chips																✓

#### BUILD YOUR OWN BREAKFAST

Bacon																
Sausage		Wheat												●		
Vegan Sausage		Wheat											●			✓
Fried Egg				●											✓	
Poached Egg				●											✓	
Scrambled Egg				●			●								✓	
Omelette				●			●								✓	
Black Pudding	●	Barley, Oat, Wheat														
Smashed Avocado																✓
Baked Beans																✓
Hash Brown																✓
Sliced Mushrooms																✓
Chopped Tomatoes																✓
Fried Bread		Wheat											●			✓



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	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	Vegan Recipe *
White Toast/Bread & Butter		Wheat					●						●		✓	
Brown Toast/Bread & Butter		Barley, Rye, Wheat					●						●		✓	

### BUILD YOUR OWN BREAKFAST (SCOTLAND ONLY)

Lorne Sausage		Wheat												●		
Haggis		Oat														
Tattie Scone		Wheat														✓

### LIGHTER BREAKFAST

Stacked Pancakes (with chocolate sauce)		Wheat		●			●						●		✓	
Stacked Pancakes (with maple flavour syrup)		Wheat		●			●								✓	
Creamy Porridge		Oat					●								✓	
Toasted Teacake		Wheat					●						●		✓	
1 White Toast & Butter		Wheat					●						●		✓	
1 Brown Toast & Butter		Barley, Rye, Wheat					●						●		✓	
ADDITIONS																
Strawberry Jam																✓
Marmalade																✓
Honey															✓	
Banana																✓
Chocolate Spread							●						●		✓	
Maple Flavour Syrup																✓
Butter							●								✓	
Sunflower Spread																✓

### ON TOAST

Fried Egg on Toast		Barley, Rye, Wheat		●			●						●		✓	
Poached Egg on Toast		Barley, Rye, Wheat		●			●						●		✓	
Scrambled Egg on Toast		Barley, Rye, Wheat		●			●						●		✓	
Baked Beans on Toast		Barley, Rye, Wheat					●						●		✓	

[illegible]



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### THE CLASSICS (SCOTLAND ONLY)

Scotch Pie, Chips & Beans

Wheat

●

●

### THE CLASSICS (GIBRALTAR ONLY)

Spanish Tortilla

●

●

●

✓

## THE CHIPPY

Fish & Chips

Wheat

●

Mini Fish & Chips

Wheat

●

Battered Sausage with Chips & Mushy Peas

Wheat

●

●

Scampi & Chips

Wheat

Steak Pie & Chips

Barley, Wheat

Mushy Peas

✓

Baked Beans

✓

Garden Peas

✓

White Bread & Butter

Wheat

●

●

✓

Brown Bread & Butter

Barley, Rye, Wheat

●

●

✓

Curry Sauce

Wheat

●

●

✓

Gravy

Wheat

●

✓

## THE CHIPPY (SCOTLAND ONLY)

Chicken Pakora & Chips  
(contains colours not suitable for children. With  
sweeteners - contains a source of phenylalanine)

Wheat

Yeungs Curry Sauce

Wheat

●

✓



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### THE LIGHT BITES

#### COLD SANDWICHES & WRAPS

Ham & Cheese		Barley, Wheat					●										
Double Egg & Cress		Barley, Wheat		●					●							✓	
Chicken & Bacon Roll		Wheat		●					●								
Tuna Crunch Roll		Wheat		●	●				●								
Southern Fried Chicken Wrap		Barley, Wheat					●		●				●				
TOASTIES, MELTS & PANINIS																	
Ham & Cheese Toastie		Wheat					●										
Three Cheese Toastie		Wheat					●		●							✓	
Meatball Melt Sub		Wheat					●		●								
Roasted Veg & Pesto Panini		Wheat							●								✓
Brie & Cranberry Toastie		Wheat					●									✓	
Kirsty's Caramelised Onion & Cheese Toastie				●			●									✓	
JACKET POTATOES																	
Jacket Potato with Butter & Salad							●		●					●		✓	
Cheddar Cheese							●									✓	
Baked Beans																✓	
Tuna & Sweetcorn				●	●				●								
SOUP																	
Tomato & Basil Soup with roll & butter		Wheat					●		●				●			✓	

### THE LIGHT BITES (SCOTLAND ONLY)

Lentil Soup	●	Wheat					●						●				
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### THE LIGHT BITES (GIBRALTAR ONLY)

Ham & Cheese Toastie		Wheat					●										
Cheese Toastie		Wheat					●										
Ham Sandwich		Wheat					●										
Ham & Cheese Sandwich		Wheat					●										
Tuna & Cucumber Sandwich		Barley, Rye, Wheat			●		●		●								
Cheese Ploughmans Sandwich		Barley, Rye, Wheat					●							●			
Kids Ham Sandwich		Wheat					●						●				
Kids Cheese Sandwich		Wheat					●						●				
Brie & Cranberry Toastie		Wheat					●									✓	
Tuna Mayo Jacket Topper					●				●								
Churros		Wheat					●						●			✓	

### THE SIDES

Chips									●				●				✓
Curry Sauce		Wheat							●				●				✓
Gravy		Wheat											●				✓
White Bread & Butter		Wheat					●						●			✓	
Brown Bread & Butter		Barley, Rye, Wheat					●						●			✓	
Garlic Bread		Wheat					●									✓	
Side Salad									●						●		✓

### THE SIDES (SCOTLAND ONLY)

Yeungs Curry Sauce		Wheat							●								✓
Scotch Roll & Butter		Wheat					●						●			✓	



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### CAFE FOR KIDS

Steamfresh Pasta & Garlic Bread

Wheat

●

✓

#### BUILD YOUR OWN WAFFLES

Waffles

✓

Sausage

Wheat

●

✓

Veggie Sausage

Wheat

●

✓

Scrambled Egg

●

●

✓

Fried Egg

●

✓

Baked Beans

✓

#### BUILD YOUR OWN MAIN

#### MAIN

Chicken Dippers

Wheat

Fish Fingers

Wheat

●

Veggie Fingers

Wheat

✓

Mini Pizza

Wheat

●

✓

Sausage

Wheat

●

#### SIDE

Mini Waffles

✓

Waffle Fries

✓

Mash

●

✓

Yorkshire Pudding

Wheat

●

●

✓

#### VEG

✓

Peas

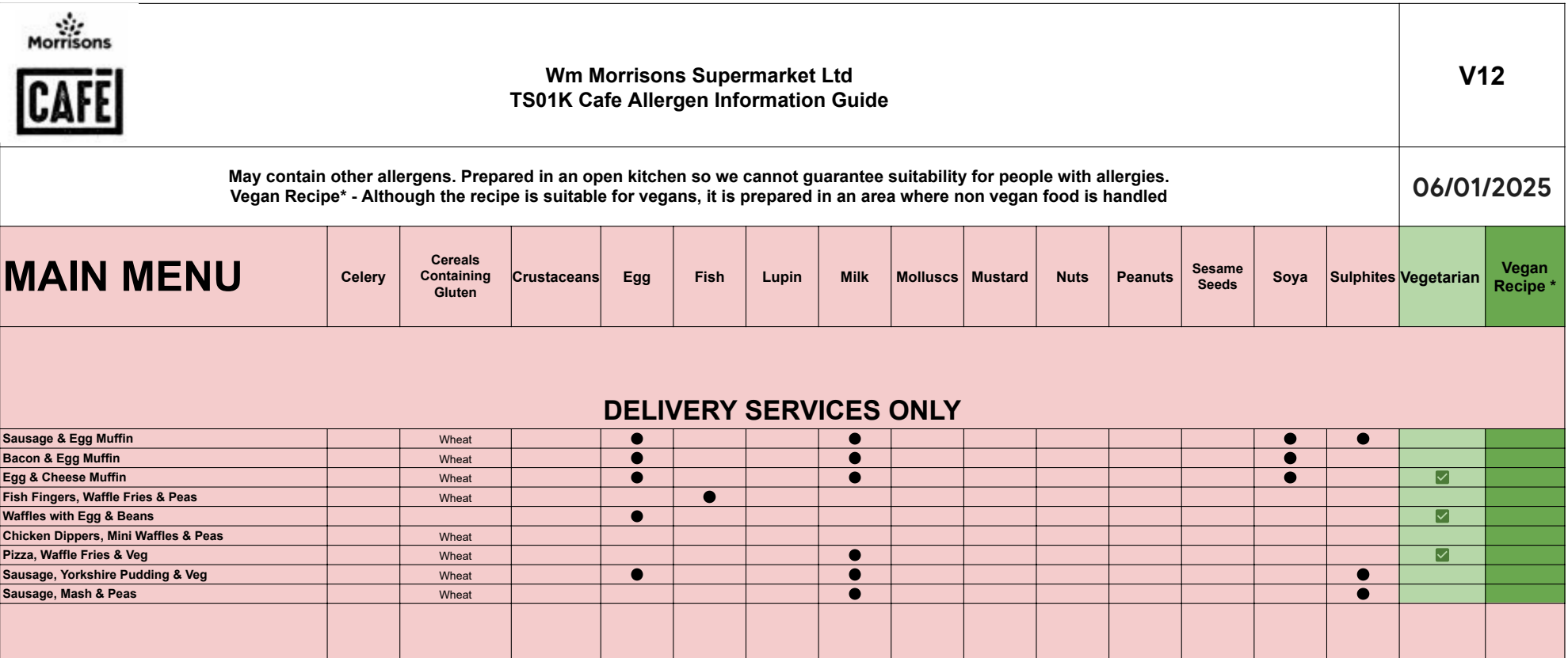
✓

Steamfresh Veg

✓

Beans

✓







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COUNTER LINES  
AND DRINKS

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Peanuts

Sesame  
Seeds

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CREAM TEAS

Ham Cream Tea

Wheat

●

●

●

Cheese Cream Tea

Wheat

●

●

●

✓

AFTERNOON TEA (ON REQUEST ONLY)

Ham Sandwich

Wheat

●

Egg Sandwich

Barley, Wheat

●

●

✓

Cheese Sandwich (Veg afternoon tea)

Wheat

●

✓

Salted Caramel Brownie

Wheat

●

●

●

✓

Butterfly Cakes

Wheat

●

●

●

✓

Scone

Wheat

●

●

●

✓

Clotted Cream

●

✓

Strawberry Jam

✓

Cheese & Onion Quiche

Wheat

●

●

●

✓

Tea

✓

SNACKS

Walkers Cheese & Onion Crisps

●

✓

Walkers Salt & Vinegar Crisps

✓

Walkers Ready Salted Crisps

✓

Hula Hoops Original

✓

Quavers

Barley, Wheat

●

●

✓

Skips Prawn Cocktail

✓

Pom Bear Cheese

●

✓

Banana

✓

Apple

✓

Orange

✓

Rodda's Clotted Cream

●

✓

Swizzels Drumsticks Jelly

✓

Morrisons Strawberry Fromage Frais Pouch

●

✓

Del Monte Apple Bag

✓

Mini Babybel Duo

●

✓



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Sesame  
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### FRIDGE CAKES

Biscoff Cheesecake		Wheat					●						●		✓	
Chocolate Lumpy Bumpy		Wheat		●			●						●		✓	
Caramel Apple Crumble Pie		Wheat					●								✓	
Lemon Meringue Pie		Wheat		●											✓	
Cherry Meringue Pie		Wheat		●											✓	

### CAKES & SWEET TREATS

Chocolate & Orange Muffin		Wheat		●			●						●		✓	
Sticky Toffee Muffin		Wheat		●			●								✓	
Blueberry Muffin		Wheat		●											✓	
Lemon Muffin		Wheat		●			●							●	✓	
Fruit Scone		Wheat		●			●						●		✓	
Carrot & Walnut Cake		Wheat		●			●			Walnut				●	✓	
Victoria Sponge		Wheat		●			●								✓	
Chocolate Fudge Cake		Wheat		●			●						●		✓	
Kids Cupcakes		Wheat		●			●						●		✓	
Salted Caramel Chocolate Brownie		Wheat		●			●						●		✓	
Raspberry & Almond Slice		Wheat		●			●			Almond					✓	
Jam Doughnut		Wheat													✓	
Croissant		Wheat		●			●								✓	
Cookie		Wheat		●			●						●		✓	
Pineapple Tart (Scotland Only)		Wheat					●						●		✓	
Empire Biscuit (Scotland Only)		Wheat														

### IMPULSE

Gingerbread Person		Wheat		●											✓	
Walkers Shortbread - SCOTLAND ONLY		Wheat					●								✓	
Tunnocks - Caramel Wafer SCOTLAND ONLY		Wheat					●						●		✓	
Tunnocks Teacake - SCOTLAND ONLY		Wheat		●			●						●		✓	
Kit Kat 4 Finger		Wheat					●								✓	
Patersons Shortbread Fingers		Wheat					●								✓	
Reese's Peanut Butter Cups							●				●		●		✓	



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Coke 500ml																☑
Diet Coke 500ml																☑
Coke Zero 500ml																☑
Pepsi Max 500ml																☑
7up 500ml																☑
Tango Apple Sugar Free 500ml																☑
Fanta Orange 500ml																☑
Fanta Fruit Twist 500ml																☑
Dr Pepper 500ml																☑
Aqua Libre Sparkling Water 330ml																☑
Aqua Libre Sparkling Water 330ml																☑
Lipton Iced Tea Lemon 500ml																☑
Oasis Summer Fruits 500ml																☑
Irn Bru (Scotland Only) 500ml																☑
Tropicana Smooth Orange Juice 300ml																☑
Tropicana Multivitamin Juice 300ml																☑
Tropicana Original Orange 300ml																☑
Copella Cloudy Apple Juice 300ml																☑
Naked 100% Juice Smoothie Green Machine 300ml																☑
Naked Blue Machine 300ml																☑
Naked Gold Machine 300ml																☑
Cawston Press Apple & Pear Water 200ml																☑
Cawston Press Apple & Summer Berry Water 200ml																☑
Kids Chocolate Milk 200ml							●								☑	
Kids Strawberry Milk 200ml							●								☑	
Robinsons Ready to Drink Apple & Raspberry																☑
Tropicana Kids Tropical Smoothie 150ml																☑
Fruit Shoot Summer Fruit 275ml																☑
Jimmys Original 275ml							●								☑	
Jimmys Original Caramel 275ml							●								☑	☑
Jolly Rancher Blue Raspberry																☑
Jolly Rancher Cherry																☑
Hersheys Milk Chocolate							●						●		☑	
Reese's Freeze							●						●		☑	