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CAFE															V'	13
May co Vegan Recipe* - Althou	THE BREAKFASTS BREAKFAST PLATES Broakfast															/2025
MAIN MENU	Celery	Containing	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts		Soya	Sulphites	Vegetarian	Vegan Recipe *
				T				S								
					BREA	KFAST PI	LATES		1	1						
Ultimate Breakfast	•	Barley, Oat, Wheat											•			
Full Breakfast		Barley, Rye, Wheat					•						•	•		
Small Breakfast		Barley, Rye, Wheat		•			•							•		
Full Vegetarian Breakfast		Barley, Rye, Wheat		•			•						•			
Full Vegan Breakfast		Barley, Rye, Wheat											•			ightharpoons
Add Chips																V
·		1	-	BREA	KFAST PL	ATES (SC	OTLAND	ONLY)			-			-		
Ultimate Scottish Breakfast		Barley, Oat, Wheat		•		<u> </u>		1								
Full Scottish Breakfast		-		•									•			
Small Scottish Breakfast																
																
		bariey, Rye, Wrieat														
Add Chips																<u> </u>
				PI	א א א ווו	IR OWN B	DEAKEA	ет								
Bacon				ь	ILD TOC	OVVIN E	LEARTA	101								
Sausage		Wheat												•		
Vegan Sausage		Wheat											•			
Fried Egg				•											$\overline{}$	
Poached Egg				•												
Scrambled Egg				•			•									
Omelette				<u> </u>			•								V	
Black Pudding	•	Barley, Oat, Wheat														
Smashed Avocado Baked Beans																<u>✓</u>
Hash Brown																<u>✓</u>
Sliced Mushrooms																<u>~</u>
Chopped Tomatoes																<u> </u>
Fried Bread		Wheat											•			$\overline{\mathbf{V}}$
White Toast/Bread & Butter		Wheat					•						•			
Brown Toast/Bread & Butter		Barley, Rye, Wheat					•						•		✓	



May co Vegan Recipe* - Althou	ntain other all gh the recipe	lergens. Prepais is suitable fo	ared in an op r vegans, it is	en kitche prepare	en so we d in an ai	cannot gu rea where	arantee s non veg	suitability an food is	for people handled	with all	ergies.				13/01	/2025
MAIN MENU	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	Vegan Recipe '
			BUI	LD YOU	R OWN B	 REAKFAS	T (SCOT	LAND ON	LY)		-					
Lorne Sausage		Wheat												•		
Haggis		Oat														
Tattie Scone		Wheat														\checkmark
					LIGHT	ER BREA	KFAST									
Stacked Pancakes (with chocolate sauce)		Wheat		•			•						•		\checkmark	
Stacked Pancakes (with maple flavour syrup)		Wheat		•			•								~	
Creamy Porridge		Oat					•								~	
Toasted Teacake		Wheat					•						•		<u> </u>	
1 White Toast & Butter		Wheat					•						•		\checkmark	
1 Brown Toast & Butter		Barley, Rye, Wheat					•						•		V	
ADDITIONS																
Strawberry Jam Marmalade																✓
Marmaiade Honey															✓	
Banana																✓
Chocolate Spread							•						•		✓	
Maple Flavour Syrup																\sim
Butter							•								~	
Sunflower Spread																$\overline{}$
	,				•	•						'	,	•		
						ON TOAS	Т									
Fried Egg on Toast		Barley, Rye, Wheat		•			•						•			
Poached Egg on Toast		Barley, Rye, Wheat		•									•		V	
Scrambled Egg on Toast		Barley, Rye, Wheat		•			•						•		<u> </u>	
Baked Beans on Toast		Barley, Rye, Wheat					•								<u> </u>	
					BREAKF	AST SANI	DWICHES	3								
		Wheat					•									
Bacon																
Sausage		Wheat												•		



V13

May contain other allergens. Prepared in an open kitchen so we cannot guarantee suitability for people with allergies. Vegan Recipe* - Although the recipe is suitable for vegans, it is prepared in an area where non vegan food is handled

13/01/2025

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Vegan Sausage		Wheat											•			
Fried Egg		Wheat		•			•						•		ightharpoons	
Omelette		Wheat		•									•		ightharpoons	
Add Chips																
Add Cheesy Slice							•								Y	
				BRE	AKFAST SAN	IDWICHES (S	COTLAND C	ONLY)								
Lorne Sausage		Wheat					•						•	•		

THE CLASSICS

Ultimate Mixed Grill	•	Barley, Oat, Wheat	•								•		
Gammon, Egg, Chips & Peas			•										
Lasagne		Wheat	•			•		•			•		
Chunky Steak Pie		Barley, Wheat				•							
Chicken Tikka		Wheat											
Mac n Cheese		Wheat									•	\checkmark	
Sausage, Egg, Chips & Beans		Wheat	•								•		
Veggie Sausage, Egg, Chips & Beans		Wheat	•									$\overline{\mathbf{Z}}$	
Bangers & Mash		Wheat									•		
Veggie Bangers & Mash		Wheat				•				•		\checkmark	
Yorkshire Pudding		Wheat	•									$\overline{\mathbf{Z}}$	
Omelette, Chips & Beans			•									\checkmark	
Steamfresh Pasta & Garlic Bread		Wheat											
Falafel Burger		Wheat											\checkmark
Chicken Shop Burger		Wheat								•			
EXTRAS													
Cheesy Slice												$\overline{\mathbf{Z}}$	
Bacon													
			THE	CLASSI	CS (SCOT	LAND O	NLY)						
Scotch Pie, Chips & Beans		Wheat								•			
			THE	CLASSIC	CS (GIBR	ALTAR O	NLY)						
Spanish Tortilla			•					•				$\overline{}$	



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Vegan Recipe* - Although	the recipe	is suitable for	vegans, it is	prepare	d in an ar	ea where	non veg	an food is	handled						13/01/	72023
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					THE	E CHIE	PPY	_								
Fish & Chips		Wheat			•											
Mini Fish & Chips		Wheat			•											
Battered Sausage with Chips & Mushy Peas		Wheat												•		
Scampi & Chips		Wheat	•													
Steak Pie & Chips		Barley, Wheat														
lushy Peas																
Baked Beans																$\overline{\mathbf{V}}$
Sarden Peas																$\overline{\mathbf{Z}}$
White Bread & Butter		Wheat					•						•		$\overline{\mathbf{V}}$	
Brown Bread & Butter		Barley, Rye, Wheat					•						•		$\overline{\mathbf{V}}$	
Curry Sauce		Wheat							•				•			\checkmark
Gravy		Wheat											•			$ lap{}$
			TH	E CH	IPPY	(SCO	TLAN	D ONL	_Y)							
Chicken Pakora & Chips (contains colours not suitable for children. With sweeteners - contains a source of phenylalanine)		Wheat														
Yeungs Curry Sauce		Wheat														
					THE L	IGHT	BITE	S								
COLD SANDWICHES & WRAPS																
Ham & Cheese		Barley, Wheat					•									
Double Egg & Cress		Barley, Wheat		•											\checkmark	



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Chicken & Bacon Roll		Wheat		•					•							
Tuna Crunch Roll		Wheat		•	•				•							
Southern Fried Chicken Wrap		Barley, Wheat					•		•				•			
TOASTIES, MELTS & PANINIS																
Ham & Cheese Toastie		Wheat					•									
Three Cheese Toastie		Wheat					•		•						ightharpoons	
Meatball Melt Sub		Wheat					•		•							
Roasted Veg & Pesto Panini		Wheat							•							
Brie & Cranberry Toastie		Wheat					•								ightharpoons	
Kirsty's Caramelised Onion & Cheese Toastie				•			•								ightharpoons	
JACKET POTATOES																
Jacket Potato with Butter & Salad							•		•					•	ightharpoons	
Cheddar Cheese							•								$\overline{}$	
Baked Beans															ightharpoons	
Tuna & Sweetcorn				•	•				•							
SOUP																
Tomato & Basil Soup with roll & butter		Wheat													ightharpoons	

			THE	LIGH1	FBITE	S (SC	OTLA	ND O	NLY)			
Lentil Soup	•	Wheat					•				•	

THE LIGHT BITES (GIBRALTAR ONLY)

Ham & Cheese Toastie	Wheat			•					
Cheese Toastie	Wheat			•					
Ham Sandwich	Wheat			•					
Ham & Cheese Sandwich	Wheat			•					
Tuna & Cucumber Sandwich	Barley, Rye, Wheat		•	•	•				
Cheese Ploughmans Sandwich	Barley, Rye, Wheat			•				•	



Scrambled Egg

Wm Morrisons Supermarket Ltd TS01K Cafe Allergen Information Guide

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MAIN MENU	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	Vegan Recipe
Kids Ham Sandwich		Wheat					•						•			
ids Cheese Sandwich		Wheat					•						•			
Brie & Cranberry Toastie		Wheat					•								✓	
una Mayo Jacket Topper					•				•							
Churros		Wheat					•						•		\checkmark	
					TH	IE SID	ES									
Phips																$\overline{}$
urry Sauce		Wheat							•							
iravy		Wheat														<u> </u>
Vhite Bread & Butter		Wheat					•								▽	
Brown Bread & Butter		Barley, Rye, Wheat					•								<u> </u>	
Sarlic Bread		Wheat													<u> </u>	
Side Salad																\sim
ilue Salau																
			TI	IF SI	DES (SCOT	ΊΔΝΓ	ONLY	<u> </u>							
eungs Curry Sauce		Wheat		<u> </u>	DLO (5551		OIL	· ·							V
Scotch Roll & Butter		Wheat													<u> </u>	
SCORCII ROII & Butter		Wilcut														
							_									
					CAFE	E FOR	KIDS	3								
											1				✓	
teamfresh Pasta & Garlic Bread		Wheat														
		Wheat														
BUILD YOUR OWN WAFFLES		Wheat														
		Wheat												•		<u> </u>



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Fried Egg				•												
Baked Beans																<u> </u>
BUILD YOUR OWN MAIN																
MAIN																
Chicken Dippers		Wheat														
Fish Fingers		Wheat			•											
Veggie Fingers		Wheat														ightharpoons
Mini Pizza		Wheat					•								<	
Sausage		Wheat												•		
SIDE																
Mini Waffles																ightharpoons
Waffle Fries																ightharpoons
Mash							•									
Yorkshire Pudding		Wheat		•			•								$\overline{}$	
VEG																
Peas																<u> </u>
Steamfresh Veg																$\overline{}$
Beans																~

DELIVERY SERVICES ONLY

Sausage & Egg Muffin	Wheat	•		•			•	•		
Bacon & Egg Muffin	Wheat	•		•			•			
Egg & Cheese Muffin	Wheat	•		•			•		\checkmark	
Fish Fingers, Waffle Fries & Peas	Wheat		•							
Waffles with Egg & Beans		•							\checkmark	
Chicken Dippers, Mini Waffles & Peas	Wheat									
Pizza, Waffle Fries & Veg	Wheat			•					\checkmark	
Sausage, Yorkshire Pudding & Veg	Wheat	•		•				•		
Sausage, Mash & Peas	Wheat			•				•		



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COUNTER LINES AND DRINKS	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	*Vega Recip
CREAM TEAS																
Ham Cream Tea		Wheat		•		1	•						•			
Cheese Cream Tea		Wheat													$\overline{}$	
SNACKS																
Walkers Cheese & Onion Crisps							•				T				$\overline{}$	
Walkers Salt & Vinegar Crisps															~	
Valkers Ready Salted Crisps															<u> </u>	
Hula Hoops Original															<u> </u>	
Quavers		Barley, Wheat					•						•			
Skips Prawn Cocktail																
Pom Bear Cheese							•								$\overline{\mathbf{Z}}$	
Banana																~
Apple																\checkmark
Orange																\checkmark
Rodda's Clotted Cream							•								~	
Swizzels Drumsticks Jelly																\leq
Morrisons Strawberry Fromage Frais Pouch							•								\checkmark	
Del Monte Apple Bag																\leq
Mini Babybel Duo							•								\checkmark	
FRIDGE CAKES																
Biscoff Cheesecake		Wheat					•						•		\checkmark	
Chocolate Lumpy Bumpy		Wheat		•			•						•			
Caramel Apple Crumble Pie		Wheat					•								~	
Lemon Meringue Pie		Wheat		•											~	
Cherry Meringue Pie		Wheat		•											\checkmark	
CAKES & SWEET TREATS																
Chocolate & Orange Muffin		Wheat		•			•				T		•		~	
Sticky Toffee Muffin		Wheat		•			•								Z	
Blueberry Muffin		Wheat		•											<u> </u>	
Lemon Muffin		Wheat		•			•							•		
Fruit Scone		Wheat		•			•						•			
Carrot & Walnut Cake		Wheat								Walnut					<u> </u>	_



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Victoria Sponge		Wheat		•			•								✓	
Chocolate Fudge Cake		Wheat														
Kids Cupcakes		Wheat		—			•								<u> </u>	
Salted Caramel Chocolate Brownie		Wheat		-											<u> </u>	
Raspberry & Almond Slice		Wheat		—						Almond					<u> </u>	
Jam Doughnut		Wheat								/ umorid					<u> </u>	
Croissant		Wheat		•			•								✓ ✓	
Cookie		Wheat		 									•		<u> </u>	
Pineapple Tart (Scotland Only)		Wheat													✓ ✓	
Empire Biscuit (Scotland Only)		Wheat														
Empire Discuit (Scotland Smy)		Wileat														
MPULSE																
Gingerbread Person		Wheat													~	
Walkers Shortbread - SCOTLAND ONLY		Wheat		_			•								~	
Tunnocks - Caramel Wafer SCOTLAND ONLY		Wheat													✓	
Tunnocks Teacake - SCOTLAND ONLY		Wheat													<u> </u>	
Kit Kat 4 Finger		Wheat					•								<u> </u>	
Patersons Shortbread Fingers		Wheat		1											<u> </u>	
Reese's Peanut Butter Cups		VIIIcat											•		<u> </u>	
Loaker Napolitaner Wafer		Barley, Wheat					•			Hazelnut			<u> </u>		<u> </u>	
Bear Strawberry Yo Yo		Buildy, Whoat								Tide Sind						
We Love Cake Caramel Shortbread																<u>-</u>
Mrs Crimbles Macaroon				•											~	
Giant Jammie Dodger		Wheat												•		
We Love Cake Mince Pie		1111001								Almonds						<u> </u>
We Love Cake Iced Fruit Slice				•						Almonds					<u> </u>	
Mars		Barley		Ť			•								<u> </u>	
Twix		Wheat													✓	
Strawberry Jam																<u> </u>
Marmalade																<u> </u>
Honey															~	
BEN & JERRY'S ICE CREAM																
Cookie Dough		Wheat		•			•						•		~	
Caramel Chew Chew		Wheat		•			•						•		$\overline{\mathbf{v}}$	
Chocolate Fudge Brownie		Barley, Wheat		•											<u> </u>	
Non Dairy Cookie Dough		Oat, Wheat														\sim



May c Vega	ontain othe n Recipe* -	er allergens. Prepa Although the reci	red in an oper pe is suitable f	n kitc for ve	hen s gans	o we canr , it is prep	ot gua ared ii	arantee su n an area v	itability for pe where non veg	ople with allergies. Jan food is handled					13/01/	/2025	
COUNTER LINES AND DRINKS	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	*Vega Recip	
HOT DRINKS																	
atte				1			•								✓		
umericano																	
lat White															✓	\checkmark	
at write appuccino							•								<u>~</u>		
hai Latte															<u>✓</u>		
ot Chocolate															<u>✓</u>		
ocha				+											<u>✓</u>		
ea				1												~	
peciality Tea																	
ecaf Tea																<u>·</u>	
amomile Tea																<u> </u>	
eppermint Tea																<u> </u>	
emon & Ginger Tea																<u> </u>	
ireen Tea																$\overline{}$	
yrup Shot										Hazelnut in hazelnut syrup						~	
lilk							•								✓		
oya Milk Alternative													•			<u> </u>	
atly Milk Alternative		Oats														-	
OLD DRINKS																	
achine Dispensed Fizzy																✓	
oke 500ml																~	
iet Coke 500ml																~	
oke Zero 500ml																~	
epsi Max 500ml																~	
ıp 500ml																~	
ingo Apple Sugar Free 500ml																~	
anta Orange 500ml																~	
inta Fruit Twist 500ml																~	
Pepper 500ml																~	
qua Libre Sparkling Water 330ml																~	
qua Libre Sparkling Water 330ml																~	
pton Iced Tea Lemon 500ml																~	
asis Summer Fruits 500ml																~	
n Bru (Scotland Only) 500ml				_	_	1	_									~	



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Tropicana Multivitamin Juice 300ml																$\overline{}$
Tropicana Original Orange 300ml																$\overline{}$
Copella Cloudy Apple Juice 300ml																$\overline{}$
Naked 100% Juice Smoothie Green Machine 300ml																\checkmark
Naked Blue Machine 300ml																$\overline{}$
Naked Gold Machine 300ml																$\overline{}$
Cawston Press Apple & Pear Water 200ml																\checkmark
Cawston Press Apple & Summer Berry Water 200ml																\sim
Kids Chocolate Milk 200ml							•								\checkmark	
Kids Strawberry Milk 200ml							•								~	
Robinsons Ready to Drink Apple & Raspberry																\sim
Tropicana Kids Tropical Smoothie 150ml																$\overline{}$
Fruit Shoot Summer Fruit 275ml																\sim
Jimmys Original 275ml							•								~	
Jimmys Original Caramel 275ml							•								~	$\overline{}$
Jolly Rancher Blue Raspberry																\sim
Jolly Rancher Cherry																<u> </u>
Hersheys Milk Chocolate							•						•		~	
Reese's Freeze													•		-	