



Wm Morrisons Supermarket Ltd
TS01K Cafe Allergen Information Guide

V40

May contain other allergens. Prepared in an open kitchen so we cannot guarantee suitability for people with allergies.
Vegan Recipe* - Although the recipe is suitable for vegans, it is prepared in an area where non vegan food is handled

05/05/2026

MAIN MENU

Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	Vegan Recipe *
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BREAKFAST

The Belly Buster	●	Barley, Oat, Wheat	●			●						●	●		
Big Breakfast	●	Barley, Oat, Wheat	●			●						●	●		
Full Breakfast		Wheat	●			●						●	●		
Small Breakfast		Wheat	●			●						●	●		
Full Vegetarian Breakfast		Wheat	●			●						●		✓	
Full Vegan Breakfast		Wheat										●			✓
Stacked Pancakes (with nutella)		Wheat	●			●			Hazelnuts			●		✓	
Creamy Porridge		Oat				●								✓	
Toasted Teacake		Wheat				●						●		✓	
1 White Toast & Butter		Wheat				●						●		✓	
1 Brown Toast & Butter		Wheat				●						●		✓	
Baked Beans on Toast		Wheat				●						●		✓	
Add Chips															✓
ADDITIONS															
Strawberry Jam															✓
Marmalade															✓
Honey														✓	
Nutella						●			Hazelnuts			●		✓	
EGGS ON TOAST															
Fried Egg on Toast		Wheat	●			●						●		✓	
Poached Egg on Toast		Wheat	●			●						●		✓	
Scrambled Egg on Toast		Wheat	●			●						●		✓	
Add Smashed Avocado															✓
BREAKFAST ROLLS AND WRAPS															
Bacon		Wheat				●						●			
Sausage		Wheat				●						●	●		
Vegan Sausage		Wheat										●			✓
Fried Egg		Wheat	●			●						●		✓	
Add Chips															✓
Add Cheesy Slice						●								✓	
Big Breakfast Roll		Wheat	●			●						●	●		
Big Breakfast Wrap		Wheat	●			●						●	●		
Big Breakfast Veggie Roll		Wheat	●			●						●		✓	
Big Breakfast Veggie Wrap		Wheat	●			●						●		✓	
Big Breakfast Vegan Roll		Wheat										●			✓
Big Breakfast Vegan Wrap		Wheat										●			✓



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BUILD YOUR OWN BREAKFAST																
Bacon																
Sausage		Wheat												●		
Vegan Sausage		Wheat											●			☑
Fried Egg				●											☑	
Poached Egg				●											☑	
Scrambled Egg				●			●								☑	
Black Pudding	●	Barley, Oat, Wheat														
Smashed Avocado																☑
Gluten Free Roll													●			☑
Baked Beans																☑
Hash Brown																☑
Sliced Mushrooms																☑
Chopped Tomatoes																☑
Fried Bread		Wheat											●			☑
White Toast/Bread & Butter		Wheat					●						●		☑	
Brown Toast/Bread & Butter		Wheat					●						●		☑	
SCOTTISH BREAKFASTS																
Scottish Belly Buster	●	Barley, Oat, Wheat		●			●						●	●		
Big Scottish Breakfast	●	Barley, Oat, Wheat		●			●						●	●		
Full Scottish Breakfast		Wheat		●			●						●	●		
Small Scottish Breakfast		Wheat		●			●						●	●		
Full Scottish Veggie Breakfast		Wheat		●			●						●		☑	
Full Scottish Vegan Breakfast		Wheat											●			☑
Lorne Sausage		Wheat												●		
Haggis		Oat														
Tattie Scone		Wheat														☑
Lorne Sausage Roll		Wheat					●						●	●		
Big Breakfast Roll		Wheat		●			●						●	●		
Big Breakfast Wrap		Wheat		●			●						●	●		
Big Breakfast Veggie Roll		Wheat		●			●						●		☑	
Big Breakfast Veggie Wrap		Wheat		●			●						●		☑	
Big Breakfast Vegan Roll		Wheat											●			☑
Big Breakfast Vegan Wrap		Wheat											●			☑



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CLASSICS																
Classic Hand Battered Fish & Chips		Wheat			●											
Small Hand Battered Fish & Chips		Wheat			●											
Wholetail Whitby Scampi		Wheat	●													
Fish Butty		Wheat			●								●			
Sausage, Egg, Chips & Beans		Wheat		●										●		
Veggie Sausage, Egg, Chips & Beans		Wheat		●									●		✓	
Bangers & Mash		Wheat					●							●		
Veggie Bangers & Mash		Wheat					●						●		✓	
Ham, Egg & Chips				●												
Lasagne, Garlic Bread & Side Salad		Wheat		●			●		●				●	●		
Goodfella's® Mac & Cheese, Garlic Bread & Side Salad		Wheat					●		●				●		✓	
Chicken Tikka Masala, Rice & Naan Bread		Wheat					●									
Katsu Chicken Curry & Rice		Wheat							●				●			
British Beef Steak Pie		Barley, Wheat					●									
Liver & Onions							●									
Minced Beef Stew							●									
Cheese & Onion Quiche, Chips & Beans		Wheat		●			●								✓	
Cheese & Onion Quiche, Salad & Coleslaw		Wheat		●			●		●				●		✓	
LOADED BAKED POTATOES																
Jacket Potato with Butter & Salad							●		●				●		✓	
Cheddar Cheese							●								✓	
Baked Beans															✓	
Tuna Mayo				●	●				●							
Veggie Chilli													●			✓
Coleslaw				●					●						✓	
CHICKEN																
Chicken Bites Wrap & Chips	●	Wheat							●				●			
Chicken Bites & Chips	●	Wheat							●				●			
Chicken Bites & Rice	●	Wheat							●				●			
Chicken Skewer Wrap & Chips		Wheat							●				●			
Chicken Skewer & Chips									●				●			
Chicken Skewer & Rice									●				●			
BBQ Sauce	●								●						✓	
Sweet Chilli Sauce															✓	
Garlic & Herb Sauce									●						✓	



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BURGERS

Quarter Pounder Cheese Burger		Barley, Wheat				●		●				●			
Birds Eye® Chicken Shop® Burger		Barley, Wheat				●		●				●			
Quorn Vegan Burger		Barley, Wheat						●				●			✓
Extra Beef Burger		Wheat													
Extra Chicken Burger		Wheat													
Extra Quorn Burger		Wheat													✓

LIGHT BITES

Heinz Tomato Soup with Roll & Butter		Wheat				●						●		✓	
Ham & Egg Salad				●				●				●			
Chicken & Bacon salad								●				●			
Vegan Strip Salad		Wheat						●				●			✓

SIDES

Side Salad								●				●		✓	✓
Mozzarella Sticks		Wheat				●								✓	
Beer Battered Onion Rings		Barley, Wheat													✓
Mini Cheesy Hash Brown Bites						●								✓	
Chips															✓
White Bread & Butter		Wheat				●						●		✓	
Brown Bread & Butter		Barley, Rye, Wheat				●						●		✓	
Garlic Bread		Wheat				●								✓	
Curry Sauce		Wheat						●				●			✓
Gravy		Wheat										●			✓
Coleslaw				●				●						✓	
BBQ Sauce	●							●						✓	
Sweet Chilli Sauce														✓	
Garlic & Herb Sauce								●						✓	

SAUCES

Heinz Tomato Ketchup 10ml	●													✓	
HP Sauce 10ml		Barley, Rye												✓	
Mayonnaise 10ml				●										✓	
Tartare Sauce 10ml				●										✓	
Salad Cream 10ml				●				●						✓	



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Celery

Cereals
Containing
Gluten

Crustaceans

Egg

Fish

Lupin

Milk

Molluscs

Mustard

Nuts

Peanuts

Sesame
Seeds

Soya

Sulphites

Vegetarian

Vegan
Recipe *

CAFE FOR KIDS

Goodfella's Mac n Cheese		Wheat					●		●									<input checked="" type="checkbox"/>	
BUILD YOUR OWN WAFFLES																			
Waffles																			<input checked="" type="checkbox"/>
Sausage		Wheat															●		
Bacon																			
Veggie Sausage		Wheat																●	<input checked="" type="checkbox"/>
Scrambled Egg				●			●												<input checked="" type="checkbox"/>
Fried Egg				●															<input checked="" type="checkbox"/>
Baked Beans																			<input checked="" type="checkbox"/>
BUILD YOUR OWN MAIN																			
MAIN																			
4 Birds Eye® Chicken Dippers		Wheat																	
3 Birds Eye® Fish Fingers		Wheat			●														
Goodfella's® Mini Margherita Pizza		Wheat					●												<input checked="" type="checkbox"/>
2 Sausages		Wheat																●	
2 Meat Free Sausages		Wheat																●	<input checked="" type="checkbox"/>
SIDE																			
Birds Eye® Mini Potato Waffles																			<input checked="" type="checkbox"/>
Birds Eye® Crispy Chips																			<input checked="" type="checkbox"/>
Aunt Bessie's® Mash Potato							●												<input checked="" type="checkbox"/>
Aunt Bessie's® Yorkshire Pudding		Wheat		●			●												<input checked="" type="checkbox"/>
VEG																			<input checked="" type="checkbox"/>
Birds Eye® Garden Peas																			<input checked="" type="checkbox"/>
Birds Eye® Steamfresh® Veg																			<input checked="" type="checkbox"/>
Heinz Baked Beanz																			<input checked="" type="checkbox"/>



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CAKES																
AMBIENT																
Strawberry Jam																✓
Marmalade																✓
Honey																✓
Croissant		Wheat		●			●									✓
Fruit Scone		Wheat		●			●									✓
Blueberry Muffin		Wheat		●												✓
Lemon Muffin		Wheat		●			●							●		✓
Sticky Toffee Muffin		Wheat		●			●									✓
Salted Caramel Chocolate Brownie		Wheat		●			●						●			✓
Raspberry & Almond Slice		Wheat		●			●			Almond						✓
Sticky Toffee & Pecan Cake		Wheat		●			●			Pecans			●			✓
Carrot & Walnut Cake		Wheat		●			●			Walnut				●		✓
Victoria Sponge Loaf		Wheat		●			●									✓
Chocolate Loaf		Wheat		●			●						●			✓
Chocolate Fudge Cake		Wheat		●			●						●			✓
Strawberry & Vanilla Cake		Wheat		●			●						●			✓
Coffee & Walnut Loaf Cake		Wheat		●			●			Walnuts						✓
Doughnut		Wheat														✓
CHILLED																
Biscoff Cheesecake		Wheat					●						●			✓
Toffee Apple Crumble Tart		Wheat					●									✓
Toffee Crunch Pie		Wheat					●						●			✓
Trillionaires Tart (contains Alcohol)													●			✓
Lemon Meringue Pie		Wheat		●												✓
SANDWICHES & TOASTIES																
Simply Cheese Sandwich		Wheat					●									✓
Simply Ham Sandwich		Wheat					●									✓
Double Egg & Cress Sandwich		Barley, Wheat		●					●							✓
Ham & Cheese Sandwich		Wheat					●									✓
Prawn Mayo Sandwich		Barley, Wheat	●	●					●							✓
Cheese Ploughmans Sandwich		Barley, Wheat		●			●		●							✓
Chicken & Bacon Sandwich		Barley, Wheat		●					●							✓
Three Cheese Toastie		Wheat					●		●							✓
Ham & Cheese Toastie		Wheat					●									✓
Tuna & Cheese Toastie		Wheat		●	●		●		●							✓



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Aqua Libre Sparkling Water 330ml																☑
Irn Bru (Scotland Only) 500ml																☑
Lipton Iced Tea Lemon 500ml																☑
Copella Cloudy Apple Juice 250ml																☑
Tropicana Smooth Orange Juice 250ml																☑
Tropicana Multivitamin Juice 300ml																☑
Tropicana Original Orange 250ml																☑
7up 500ml																☑
Pepsi Max 500ml																☑
Pepsi Strawberries & Cream															☑	
Jimmys Original Caramel 275ml							●								☑	
Naked 100% Juice Smoothie Green Machine 300ml																☑
Naked Blue Machine 300ml																☑
Naked Gold Machine 300ml																☑
Jolly Rancher Blue Raspberry																☑
Jolly Rancher Cherry																☑
Hersheys Milk Chocolate																☑
Reese's Freeze																☑
Slush Puppies (both flavours)																☑
J2O Orange & Passionfruit 250ml																☑
Pepsi Max Cherry 600ml																☑
Pepsi Regular 600ml																☑
Diet Pepsi 500ml															☑	
Robinsons Ready to Drink Blackberry & Blueberry 500ml															☑	
Tango Orange 500ml																☑
GIBRALTAR SANDWICHES ONLY																
Ham & Cheese Toastie		Wheat					●									
Cheese Toastie		Wheat					●								☑	
Ham Sandwich		Wheat					●									
Ham & Cheese Sandwich		Wheat					●									
Tuna & Cucumber Sandwich		Barley, Rye, Wheat			●		●		●							
Cheese Ploughmans Sandwich		Barley, Rye, Wheat					●							●	☑	
Kids Ham Sandwich		Wheat					●						●			
Kids Cheese Sandwich		Wheat					●						●		☑	