



Wm Morrisons Supermarket Ltd
TS01K Cafe Allergen Information Guide

V48

May contain other allergens. Prepared in an open kitchen so we cannot guarantee suitability for people with allergies.
 Vegan Recipe* - Although the recipe is suitable for vegans, it is prepared in an area where non vegan food is handled

14/09/2026

MAIN MENU	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	Vegan Recipe *
BREAKFAST																
The Belly Buster	●	Barley, Oat, Wheat		●			●						●	●		
Big Breakfast	●	Barley, Oat, Wheat		●			●						●	●		
Full Breakfast		Wheat		●			●						●	●		
Small Breakfast		Wheat		●			●						●	●		
Full Vegetarian Breakfast		Wheat		●			●						●		✓	
Full Vegan Breakfast		Wheat											●			✓
Stacked Pancakes (with nutella)		Wheat		●			●			Hazelnuts			●		✓	
Creamy Porridge		Oat					●								✓	
Toasted Teacake		Wheat					●						●		✓	
1 White Toast & Butter		Wheat					●						●		✓	
1 Brown Toast & Butter		Wheat					●						●		✓	
Baked Beans on Toast		Wheat					●						●		✓	
Add Chips																✓
ADDITIONS																
Strawberry Jam																✓
Marmalade																✓
Honey															✓	
Nutella							●			Hazelnuts			●		✓	
EGGS ON TOAST																
Fried Egg on Toast		Wheat		●			●						●		✓	
Poached Egg on Toast		Wheat		●			●						●		✓	
Scrambled Egg on Toast		Wheat		●			●						●		✓	
Add Smashed Avocado																✓
BREAKFAST ROLLS AND WRAPS																
Bacon		Wheat					●						●			
Sausage		Wheat					●						●	●		
Vegan Sausage		Wheat											●			✓
Fried Egg		Wheat		●			●						●		✓	
Add Chips																✓
Add Cheesy Slice							●								✓	
Big Breakfast Roll		Wheat		●			●						●	●		
Big Breakfast Wrap		Wheat		●			●						●	●		
Big Breakfast Veggie Roll		Wheat		●			●						●		✓	
Big Breakfast Veggie Wrap		Wheat		●			●						●		✓	
Big Breakfast Vegan Roll		Wheat											●			✓
Big Breakfast Vegan Wrap		Wheat											●			✓



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BUILD YOUR OWN BREAKFAST																
Bacon																
Sausage		Wheat												●		
Vegan Sausage		Wheat											●			✓
Fried Egg				●											✓	
Poached Egg				●											✓	
Scrambled Egg				●			●								✓	
Black Pudding	●	Barley, Oat, Wheat														
Smashed Avocado																✓
Gluten Free Roll													●			✓
Baked Beans																✓
Hash Brown																✓
Sliced Mushrooms																✓
Chopped Tomatoes																✓
Fried Bread		Wheat											●			✓
White Toast/Bread & Butter		Wheat					●						●		✓	
Brown Toast/Bread & Butter		Wheat					●						●		✓	
SCOTTISH BREAKFASTS																
Scottish Belly Buster	●	Barley, Oat, Wheat		●			●						●	●		
Big Scottish Breakfast	●	Barley, Oat, Wheat		●			●						●	●		
Full Scottish Breakfast		Wheat		●			●						●	●		
Small Scottish Breakfast		Wheat		●			●						●	●		
Full Scottish Veggie Breakfast		Wheat		●			●						●		✓	
Full Scottish Vegan Breakfast		Wheat											●			✓
Lorne Sausage		Wheat												●		
Haggis		Oat														
Tattie Scone		Wheat														✓
Lorne Sausage Roll		Wheat					●						●	●		
Big Breakfast Roll		Wheat		●			●						●	●		
Big Breakfast Wrap		Wheat		●			●						●	●		
Big Breakfast Veggie Roll		Wheat		●			●						●		✓	
Big Breakfast Veggie Wrap		Wheat		●			●						●		✓	
Big Breakfast Vegan Roll		Wheat											●			✓
Big Breakfast Vegan Wrap		Wheat											●			✓



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CLASSICS																
Classic Hand Battered Fish & Chips		Wheat			●											
Small Hand Battered Fish & Chips		Wheat			●											
Wholetail Whitby Scampi		Wheat	●													
Fish Butty		Wheat			●								●			
Sausage, Egg, Chips & Beans		Wheat		●										●		
Veggie Sausage, Egg, Chips & Beans		Wheat		●									●		✓	
Bangers & Mash		Wheat					●							●		
Veggie Bangers & Mash		Wheat					●						●		✓	
Ham, Egg & Chips				●												
Lasagne, Garlic Bread & Side Salad		Wheat		●			●		●				●	●		
Goodfella's® Mac & Cheese, Garlic Bread & Side Salad		Wheat					●		●				●		✓	
Chicken Tikka Masala, Rice & Naan Bread		Wheat					●									
Katsu Chicken Curry & Rice		Wheat							●				●			
British Beef Steak Pie		Barley, Wheat					●									
Liver & Onions							●									
Minced Beef Stew							●									
Chicken & Ham Hock Casserole		Wheat					●		●							
Cheese & Onion Quiche, Chips & Beans		Wheat		●			●								✓	
Cheese & Onion Quiche, Salad & Coleslaw		Wheat		●			●		●				●		✓	
LOADED BAKED POTATOES																
Jacket Potato with Butter & Salad							●		●				●		✓	
Cheddar Cheese							●								✓	
Baked Beans															✓	
Tuna Mayo				●	●				●							
Veggie Chilli													●			✓
Coleslaw				●					●						✓	

CHICKEN																
Chicken Bites Wrap & Chips	●	Wheat							●				●			
Chicken Bites & Chips	●	Wheat							●				●			
Chicken Bites & Rice	●	Wheat							●				●			
Chicken Bites Portion	●	Wheat														
Chicken Skewer Wrap & Chips		Wheat							●				●			
Chicken Skewer & Chips									●				●			

[illegible]



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Mayonnaise 10ml				●											✓	
Tartare Sauce 10ml				●											✓	
Salad Cream 10ml				●					●						✓	
CAFE FOR KIDS																
Goodfella's Mac n Cheese		Wheat					●		●						✓	
BUILD YOUR OWN WAFFLES																
Waffles																✓
Sausage		Wheat												●		
Bacon																
Veggie Sausage		Wheat											●			✓
Scrambled Egg				●			●								✓	
Fried Egg				●											✓	
Baked Beans																✓
BUILD YOUR OWN MAIN																
MAIN																
4 Birds Eye® Chicken Dippers		Wheat														
3 Birds Eye® Fish Fingers		Wheat			●											
Goodfella's® Mini Margherita Pizza		Wheat					●								✓	
2 Sausages		Wheat												●		
2 Meat Free Sausages		Wheat											●			✓
SIDE																
Birds Eye® Mini Potato Waffles																✓
Birds Eye® Crispy Chips																✓
Aunt Bessie's® Mash Potato							●								✓	
Aunt Bessie's® Yorkshire Pudding		Wheat		●			●								✓	
VEG															✓	
Birds Eye® Garden Peas																✓
Birds Eye® Steamfresh® Veg																✓
Heinz Baked Bean																✓
SPECIALS (INC HALLOWEEN)																
Fish & Chips Afternoon Tea		Wheat	●	●	●		●		●				●			
Ghost Beef Chilli		Barley, Wheat														
Chilli Reaper Chicken Curry		Wheat					●		●							
Doner Loaded Fries		Wheat							●				●			
Doner Kebab Wrap	●	Wheat							●				●			



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COUNTER LINES AND DRINKS	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	*Vegan Recipe
CAKES																
AMBIENT																
Strawberry Jam																✓
Marmalade																✓
Honey															✓	
Croissant		Wheat		●			●								✓	
Fruit Scone		Wheat		●			●								✓	
Blueberry Muffin		Wheat		●											✓	
Lemon Muffin		Wheat		●			●							●	✓	
Sticky Toffee Muffin		Wheat		●			●								✓	
Salted Caramel Chocolate Brownie		Wheat		●			●						●		✓	
Raspberry & Almond Slice		Wheat		●			●			Almond					✓	
Sticky Toffee & Pecan Cake		Wheat		●			●			Pecans			●		✓	
Carrot & Walnut Cake		Wheat		●			●			Walnut				●	✓	
Victoria Sponge Loaf		Wheat		●			●								✓	
Chocolate Loaf		Wheat		●			●						●		✓	
Chocolate Fudge Cake		Wheat		●			●						●		✓	
Strawberry & Vanilla Cake		Wheat		●			●						●		✓	
Coffee & Walnut Loaf Cake		Wheat		●			●			Walnuts					✓	
Doughnut		Wheat													✓	
Peanut Butter & Jelly Crispy Bar		Barley, Wheat					●				●		●		✓	
CHILLED																
Biscoff Cheesecake		Wheat					●						●		✓	
Toffee Apple Crumble Tart		Wheat					●								✓	
Toffee Crunch Pie		Wheat					●						●		✓	
Trillionaires Tart (contains Alcohol)													●		✓	
Pecan Pie		Wheat								Pecan nuts						✓
SANDWICHES & TOASTIES																
Simply Cheese Sandwich		Wheat					●								✓	
Simply Ham Sandwich		Wheat					●									
Double Egg & Cress Sandwich		Barley, Wheat		●					●						✓	
Ham & Cheese Sandwich		Wheat					●									
Seafood Cocktail Sandwich		Barley, Wheat	●	●	●		●		●							
Prawn Mayo Sandwich		Barley, Wheat	●	●					●							
Cheese Ploughmans Sandwich		Barley, Wheat		●			●		●						✓	
Chicken & Bacon Sandwich		Barley, Wheat		●					●							
Three Cheese Toastie		Wheat					●		●						✓	



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COUNTER LINES AND DRINKS

[illegible]

SNACKS

[illegible]

IMPULSE

Gingerbread Person		Wheat		●										✓	
Tunnocks - Caramel Wafer		Wheat				●						●		✓	
Tunnocks Teacake - SCOTLAND ONLY		Wheat		●		●						●		✓	
McGhees Caramel Tart - SCOTLAND ONLY		Wheat				●								✓	
McGhees Caramel Shortbread - SCOTLAND ONLY		Wheat				●						●		✓	
Patersons Shortbread Fingers		Wheat				●								✓	
Reese's Peanut Butter Cups						●				●		●		✓	
Loacker Napolitaner Wafer		Barley, Wheat				●			Hazelnut			●		✓	
Bear Strawberry Yo Yo															✓
We love Cake Gluten Free Caramel Shortbread															✓
Gluten Free Caramel Shortcake						●						●		✓	
Gluten Free Flapjack		Gluten Free Oats													✓
Giant Jammie Dodger		Wheat											●		✓
Tregoes Butter Caramel Waffle		Wheat		●		●						●		✓	
Chocolate Digestives 2 Pack		Wheat				●						●		✓	
Nutella Portion						●			Hazelnut			●		✓	

CADBURY'S STAND

[illegible]

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COUNTER LINES AND DRINKS

[illegible]

COLD DRINKS

[illegible]



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Tango Orange 500ml																✓
Pink 7up 500ml																✓
Naked Protein Machine Pineapple & Mango 300ml																✓
Tropicana Hydrate Coconut & Pineapple 300ml																✓
GIBRALTAR SANDWICHES ONLY																
Ham & Cheese Toastie		Wheat					●									
Cheese Toastie		Wheat					●								✓	
Ham Sandwich		Wheat					●									
Ham & Cheese Sandwich		Wheat					●									
Tuna & Cucumber Sandwich		Barley, Rye, Wheat			●		●		●							
Cheese Ploughmans Sandwich		Barley, Rye, Wheat					●							●	✓	
Kids Ham Sandwich		Wheat					●						●			
Kids Cheese Sandwich		Wheat					●						●		✓	