



**Wm Morrisons Supermarket Ltd
TS01K Cafe Allergen Information Guide**

V45

May contain other allergens. Prepared in an open kitchen so we cannot guarantee suitability for people with allergies.
Vegan Recipe* - Although the recipe is suitable for vegans, it is prepared in an area where non vegan food is handled

03/08/2026

MAIN MENU	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	Vegan Recipe *
BREAKFAST																
The Belly Buster	●	Barley, Oat, Wheat		●			●						●	●		
Big Breakfast	●	Barley, Oat, Wheat		●			●						●	●		
Full Breakfast		Wheat		●			●						●	●		
Small Breakfast		Wheat		●			●						●	●		
Full Vegetarian Breakfast		Wheat		●			●						●		✓	
Full Vegan Breakfast		Wheat											●			✓
Stacked Pancakes (with nutella)		Wheat		●			●			Hazelnuts			●		✓	
Creamy Porridge		Oat					●								✓	
Toasted Teacake		Wheat					●						●		✓	
1 White Toast & Butter		Wheat					●						●		✓	
1 Brown Toast & Butter		Wheat					●						●		✓	
Baked Beans on Toast		Wheat					●						●		✓	
Add Chips																✓
ADDITIONS																
Strawberry Jam																✓
Marmalade																✓
Honey															✓	
Nutella							●			Hazelnuts			●		✓	
EGGS ON TOAST																
Fried Egg on Toast		Wheat		●			●						●		✓	
Poached Egg on Toast		Wheat		●			●						●		✓	
Scrambled Egg on Toast		Wheat		●			●						●		✓	
Add Smashed Avocado																✓
BREAKFAST ROLLS AND WRAPS																
Bacon		Wheat					●						●			
Sausage		Wheat					●						●	●		
Vegan Sausage		Wheat											●			✓
Fried Egg		Wheat		●			●						●		✓	
Add Chips																✓
Add Cheesy Slice							●								✓	
Big Breakfast Roll		Wheat		●			●						●	●		
Big Breakfast Wrap		Wheat		●			●						●	●		
Big Breakfast Veggie Roll		Wheat		●			●						●		✓	
Big Breakfast Veggie Wrap		Wheat		●			●						●		✓	
Big Breakfast Vegan Roll		Wheat											●			✓
Big Breakfast Vegan Wrap		Wheat											●			✓



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BUILD YOUR OWN BREAKFAST																
Bacon																
Sausage		Wheat												●		
Vegan Sausage		Wheat											●			✓
Fried Egg				●											✓	
Poached Egg				●											✓	
Scrambled Egg				●			●								✓	
Black Pudding	●	Barley, Oat, Wheat														
Smashed Avocado																✓
Gluten Free Roll													●			✓
Baked Beans																✓
Hash Brown																✓
Sliced Mushrooms																✓
Chopped Tomatoes																✓
Fried Bread		Wheat											●			✓
White Toast/Bread & Butter		Wheat					●						●		✓	
Brown Toast/Bread & Butter		Wheat					●						●		✓	
SCOTTISH BREAKFASTS																
Scottish Belly Buster	●	Barley, Oat, Wheat		●			●						●	●		
Big Scottish Breakfast	●	Barley, Oat, Wheat		●			●						●	●		
Full Scottish Breakfast		Wheat		●			●						●	●		
Small Scottish Breakfast		Wheat		●			●						●	●		
Full Scottish Veggie Breakfast		Wheat		●			●						●		✓	
Full Scottish Vegan Breakfast		Wheat											●			✓
Lorne Sausage		Wheat												●		
Haggis		Oat														
Tattie Scone		Wheat														✓
Lorne Sausage Roll		Wheat					●						●	●		
Big Breakfast Roll		Wheat		●			●						●	●		
Big Breakfast Wrap		Wheat		●			●						●	●		
Big Breakfast Veggie Roll		Wheat		●			●						●		✓	
Big Breakfast Veggie Wrap		Wheat		●			●						●		✓	
Big Breakfast Vegan Roll		Wheat											●			✓
Big Breakfast Vegan Wrap		Wheat											●			✓



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CLASSICS																
Classic Hand Battered Fish & Chips		Wheat			●											
Small Hand Battered Fish & Chips		Wheat			●											
Wholetail Whitby Scampi		Wheat	●													
Fish Butty		Wheat			●								●			
Sausage, Egg, Chips & Beans		Wheat		●										●		
Veggie Sausage, Egg, Chips & Beans		Wheat		●									●		✓	
Bangers & Mash		Wheat					●							●		
Veggie Bangers & Mash		Wheat					●						●		✓	
Ham, Egg & Chips				●												
Lasagne, Garlic Bread & Side Salad		Wheat		●			●		●				●	●		
Goodfella's® Mac & Cheese, Garlic Bread & Side Salad		Wheat					●		●				●		✓	
Chicken Tikka Masala, Rice & Naan Bread		Wheat					●									
Katsu Chicken Curry & Rice		Wheat							●				●			
British Beef Steak Pie		Barley, Wheat					●									
Liver & Onions							●									
Minced Beef Stew							●									
Chicken & Ham Hock Casserole		Wheat					●		●							
Cheese & Onion Quiche, Chips & Beans		Wheat		●			●								✓	
Cheese & Onion Quiche, Salad & Coleslaw		Wheat		●			●		●				●		✓	
LOADED BAKED POTATOES																
Jacket Potato with Butter & Salad							●		●				●		✓	
Cheddar Cheese							●								✓	
Baked Beans															✓	
Tuna Mayo				●	●				●							
Veggie Chilli													●			✓
Coleslaw				●					●						✓	



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CHICKEN																
Chicken Bites Wrap & Chips	●	Wheat							●				●			
Chicken Bites & Chips	●	Wheat							●				●			
Chicken Bites & Rice	●	Wheat							●				●			
Chicken Bites Portion	●	Wheat														
Chicken Skewer Wrap & Chips		Wheat							●				●			
Chicken Skewer & Chips									●				●			
Chicken Skewer & Rice									●				●			
Extra Chicken Skewer																
BBQ Sauce	●								●						✓	
Sweet Chilli Sauce															✓	
Garlic & Herb Sauce									●						✓	
BURGERS																
Quarter Pounder Cheese Burger		Barley, Wheat					●		●				●			
Birds Eye® Chicken Shop® Burger		Barley, Wheat					●		●				●			
Quorn Vegan Burger		Barley, Wheat							●				●			✓
Extra Beef Burger		Wheat														
Extra Chicken Burger		Wheat														
Extra Quorn Burger		Wheat														✓
LIGHT BITES																
Heinz Tomato Soup with Roll & Butter		Wheat					●						●		✓	
Ham & Egg Salad				●					●				●			
Chicken & Bacon salad									●				●			
Vegan Strip Salad		Wheat							●				●			✓
SIDES																
Side Salad									●				●			✓
Mozzarella Sticks		Wheat					●								✓	
Beer Battered Onion Rings		Barley, Wheat														✓
Mini Cheesy Hash Brown Bites							●								✓	
Chips																✓
White Bread & Butter		Wheat					●						●		✓	
Brown Bread & Butter		Barley, Rye, Wheat					●						●		✓	
Garlic Bread		Wheat					●								✓	
Curry Sauce		Wheat							●				●			✓
Gravy		Wheat											●			✓
Coleslaw				●					●						✓	

MAIN MENU															Vegetarian	Vegan Recipe *
Giant Yorkshire Pudding		Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	☒	
BBQ Sauce	●								●						☒	
Sweet Chilli Sauce															☒	
Garlic & Herb Sauce									●						☒	
SAUCES																
Heinz Tomato Ketchup 10ml	●														☒	
HP Sauce 10ml		Barley, Rye													☒	
Mayonnaise 10ml				●											☒	
Tartare Sauce 10ml				●											☒	
Salad Cream 10ml				●					●						☒	
CAFE FOR KIDS																
Goodfella's Mac n Cheese		Wheat					●		●						☒	
BUILD YOUR OWN WAFFLES																
Waffles																☒
Sausage		Wheat												●		
Bacon																
Veggie Sausage		Wheat											●			☒
Scrambled Egg				●			●								☒	
Fried Egg				●											☒	
Baked Beans																☒
BUILD YOUR OWN MAIN																
MAIN																
4 Birds Eye® Chicken Dippers		Wheat														
3 Birds Eye® Fish Fingers		Wheat			●											
Goodfella's® Mini Margherita Pizza		Wheat					●								☒	
2 Sausages		Wheat												●		
2 Meat Free Sausages		Wheat											●			☒
SIDE																
Birds Eye® Mini Potato Waffles																☒
Birds Eye® Crispy Chips																☒
Aunt Bessie's® Mash Potato							●								☒	
Aunt Bessie's® Yorkshire Pudding		Wheat		●			●								☒	
VEG																
Birds Eye® Garden Peas																☒
Birds Eye® Steamfresh® Veg																☒
Heinz Baked Beanz																☒



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Vegetarian	Vegan Recipe *
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SPECIALS

Giant Fish & Chips		Wheat		●												
Fish & Chips Afternoon Tea		Wheat	●	●	●		●		●				●			
Hunter's Chicken	●	Wheat					●		●				●			



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COUNTER LINES AND DRINKS

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Tuna & Cheese Toastie		Wheat		●	●		●		●							
Hunters Chicken Toastie		Wheat					●									
Kirsty's Caramelised Onion & Cheese Toastie				●			●								✓	

SNACKS

Oreo Twin Pack		Wheat											●		✓	
Organix Raspberry & Apple		Oats													✓	✓
Goodies Mandarin & Apple		Oats													✓	✓
Walkers Cheese & Onion Crisps							●								✓	
Walkers Salt & Vinegar Crisps															✓	
Walkers Ready Salted Crisps															✓	
Hula Hoops Original															✓	
Quavers		Barley, Wheat					●						●		✓	
Skips Prawn Cocktail															✓	
Pom Bear Cheese							●								✓	
Primula Dipper		Barley< Wheat					●								✓	
Rodda's Clotted Cream							●								✓	

IMPULSE

Gingerbread Person		Wheat		●											✓	
Tunnocks - Caramel Wafer		Wheat					●						●		✓	
Tunnocks Teacake - SCOTLAND ONLY		Wheat		●			●						●		✓	
Patersons Shortbread Fingers		Wheat					●								✓	
Reese's Peanut Butter Cups							●				●		●		✓	
Loacker Napolitaner Wafer		Barley, Wheat					●			Hazelnut			●		✓	
Bear Strawberry Yo Yo																✓
We love Cake Gluten Free Caramel Shortbread																✓
Gluten Free Caramel Shortcake							●						●		✓	
Gluten Free Flapjack		Gluten Free Oats														✓
Giant Jammie Dodger		Wheat												●		✓
Tregoes Butter Caramel Waffle		Wheat		●			●						●		✓	
Chocolate Digestives 2 Pack		Wheat					●						●		✓	
Nutella Portion							●			Hazelnut			●		✓	

CADBURY'S STAND

Flake							●								✓	
Marvellous Creations							●									
Turkish Delight							●								✓	
Wine Gums																
Fruit & Nut							●			Almonds					✓	

03/08/2026

COUNTER LINES AND DRINKS

Celery

Cereals Containing Gluten

Crustaceans

Egg

Fish

Lupi

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Pean

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Vegetarian

***Vegan
Recipe**

COLD DRINKS

[illegible]



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COUNTER LINES AND
DRINKS

Celery

Cereals Containing
Gluten

Crustaceans

Egg

Fish

Lupin

Milk

Molluscs

Mustard

Nuts

Peanuts

Sesame
Seeds

Soya

Sulphites

Vegetarian

*Vegan
Recipe

GIBRALTAR SANDWICHES ONLY

Ham & Cheese Toastie		Wheat					●										
Cheese Toastie		Wheat					●									✓	
Ham Sandwich		Wheat					●										
Ham & Cheese Sandwich		Wheat					●										
Tuna & Cucumber Sandwich		Barley, Rye, Wheat			●		●		●								
Cheese Ploughmans Sandwich		Barley, Rye, Wheat					●								●	✓	
Kids Ham Sandwich		Wheat					●							●			
Kids Cheese Sandwich		Wheat					●							●		✓	