



BREAKFASTS

Breakfast Plates

Big Breakfast £8.75

Three sausages, two bacon, two fried eggs, sliced mushrooms, black pudding, two hash browns, Heinz Baked Beanz, toast and butter 1572kcal

Add chips for £2.50 VR 322kcal

Full Breakfast £7

Two sausages, two bacon, fried egg, sliced mushrooms, hash brown, Heinz Baked Beanz, toast and butter 1072kcal

Add chips for £2.50 VR 322kcal

Full Vegetarian Breakfast £7 V

Two veggie sausages, smashed avocado, fried egg, sliced mushrooms, chopped tomatoes, hash brown, Heinz Baked Beanz, toast and butter 934kcal

Add chips for £2.50 VR 322kcal

Full Vegan Breakfast 47 VR

Two veggie sausages, smashed avocado, sliced mushrooms, chopped tomatoes, hash brown, Heinz Baked Beanz, toast and vegan spread **786kcal** Add chips for £2.50 VR 322kcal

Small Breakfast £5.50

Sausage, bacon, fried egg, hash brown, Heinz Baked Beanz, toast and butter 801kcal Add chips for £2.50 VR 322kcal

Build Your Own Breakfast £7.25

Choose any 8 items from the options below. You can add extra items to any Breakfast Plates, On Toast or Breakfast Sandwiches

£1.25 per item

Bacon 71kcal Sausage 183kcal Veggie Sausage VR 98kcal Fried Egg V 148kcal Poached Egg V 63kcal Scrambled Egg V 115kcal Omelette V 162kcal Black Pudding 113kcal Smashed Avocado VR 167kcal

75p per item

Heinz Baked Beanz VR 78kcal Hash Brown VR 134kcal Sliced Mushrooms VR 7kcal Chopped Tomatoes VR 17kcal Fried Bread VR 216kcal White or Brown Toast V 187kcal White or Brown Bread V 187kcal One slice of toast or bread with butter or vegan spread VR

Lighter Breakfast

Stacked Pancakes £4.75 ✓ Four pancakes with chocolate sauce 673kcal

Toasted Fruit Teacake £1.75

✓

With butter or vegan spread VR 383kcal White or Brown Toast 75p

With butter or vegan spread VR 187kcal Add strawberry jam **75p VR** 111kcal Add marmalade **75p VR** 113kcal Add honey **75p** V 86kcal Add chocolate spread 75p V 157kca

On Toast

Two slices of white or brown toast with butter or vegan spread VR

Two Fried Eggs £3.75 V 673kcal Two Poached Eggs £3.75 V 502kcal Scrambled Eggs £3.75 V 608kcal Heinz Baked Beanz £3.50 VR 611kcal

Add smashed avocado £1.25 VR 167kcal Add any extras from 'Build Your Own Breakfast' list

Breakfast Sandwiches £3.75 In a bread roll with butter or vegan spread VR

Choose from:

Three Bacon 498kcal Two Sausages 570kcal Two Veggie Sausages VR 474kcal Two Fried Eggs V 582kcal Omelette V 448kcal

Add American style cheesy slice **75p V 43kcal** Add any extras from 'Build Your Own Breakfast' list



CLASSICS

Classic Hand Battered Fish & Chips £8.75

Freshly battered fish* with chips and mushy peas 941kcal



Small Hand Battered Fish & Chips £6.50 Freshly battered fish* with chips and mushy peas 562kcal

Scampi, Chips & Mushy Peas £7.50

add a slice of bread with butter **V** r vegan spread **75p** VR hoose from white or brown 187kca Add a bread roll **75p V** 229kcal Add curry sauce **75p** VR **36kcal** dd gravy 75p VR 35kcal

and mushy peas 739kcal

Ham, Egg & Chips £7 Two slices of ham, two fried eggs and chips 712kcal

Steak Pie & Mash £7

British beef steak pie with mash, garden peas and gravy 941kcal

Swap mash V 153kcal for chips VR 322kcal Swap garden peas VR 41kcal for mushy peas VR 160kcal

Sausage, Egg, Chips & Beans 47 Three sausages, fried egg, chips and Heinz Baked Beanz 933kcal

Also available as a vegetarian option V 801kcal



Bangers & Mash £6

Three sausages, mash, garden peas and gravy 808kcal Also available as a vegetarian option V 675kcal Add Aunt Bessie's® Yorkshire Pudding £1 V 46kcal

Omelette, Chips & Beans £6 Two omelettes, chips and Heinz Baked Beanz **723kcal**

Lasagne £7.50 _asagne with garlic bread and side salad 833kcal

Chicken Tikka Masala [£]7

Add chips for £2.50 VR 322kcal

Chicken tikka masala with long grain rice and naan bread 772kcal

Loaded Jacket Potato [£]5 ☑ _{276kcal}

With butter or vegan spread VR Comes with side salad VR and a choice of 2 toppings from:

Add chips for £2.50 VR 322kcal

Grated Cheddar Cheese V 248kcal Heinz Baked Beanz VR 78kcal Tuna Mayo 324kcal

Tomato & Basil Soup £3.50 ☑ With a bread roll and butter or vegan spread VR 363kcal

Birds Eye® Steamfresh®

Mediterranean Style Pasta ⁴7 ☑ Mediterranean Style Pasta with veg, tomato sauce and garlic bread 625kcal

Crispy Breaded Falafel Burger £7 VI

Birds Eye® Chicken Shop™ Burger **£7.50**

In a bread roll with mayo, side salad and chips 978kcal Add American style cheesy slice 75p V 43kcal Add bacon £1.25 71kcal



Sandwiches £4

Available in the chiller Ham & Cheese 414kcal Double Egg & Cress V 476kcal Prawn Mayo 457kcal

Add chips for £2.50 VR 322kcal Toasties £4.50

THE

LIGHT BITES

Oak Smoked Ham & Cheese 425kcal Three Cheese V 382kcal Tuna & Cheese 446kcal

please speak to a colleague

Add chips for £2.50 VR 322kcal Gluten Free option available GF



Chips £2.50 VR 322kcal

Side Salad £1.75 VR Mixed leaf, tomato, cucumber, onion, edamame

beans and French style dressing 61kcal

Garlic Bread Slices £1.50 ▼ Two slices of garlic bread 240kcal

Bread & Butter **75p** ■ One slice of white or brown bread with butter

or vegan spread VR 187kcal Gravy 75p VR 35kcal





A range of desserts and cakes are available from our counter.

Birds Eye®

Kids eat FREE all day

With any adult meal £5 and over from

The Breakfasts or The Classics excluding extras

Birds Eye® Kids Hot Meal





One kids Birds Eye® meal with one qualifying meal

Build your own breakfast - On Mini Potato Waffles £4 VR 235kcal



Choose any two toppings from: Heinz Baked Beanz VR 78kcal Fried Egg V 1 Veggie Sausage VR 98kcal Sausage 183kcal

Peas VR 41kcal

63kcal

78kcal

Steamfresh® Broccoli.

Heinz Baked Beanz VR

Carrot & Sweetcorn VR

Scrambled Egg V 115kcal

Mix & match main - Choose one item from each: £4 Veg

235kcal

Mini Potato Waffles VR

Potato Waffle Fries VR

Potato V 153kcal

Four Chicken Dippers Three Fish Fingers 257kcal

Three Veggie Fingers VR Two Sausages 367kcal

Two Veggie Sausages VR

196kcal

Aunt Bessie's® Yorkshire
Pudding V 46 kcal

Goodfella's® Mini 4 Cheese Pizza V 228kcal

Steamfresh® Pasta & Garlic Bread V £4

Mediterranean Style Pasta with Veg & Tomato Sauce 312kcal



FREE all day With any adult meal Birds Eye®

THE DEALS

Breakfast Sandwich Deal

Cake & Hot Drink Deal

hot drink

£5 and over from

The Breakfasts or The Classics excluding extras

on hot drinks[†]













DO YOU HAVE A FOOD ALLERGY?

Our fish may contain bones. **Although the recipe for this product is suitable for vegans please be aware they are prepared in an area where food that is not suitable for vegans is also handled. 1Free refills available on your cafe visit. New purchase required on re-entry, excluding take away cups. Adults need around 2000kcal a day.

If you have a food allergy, please see the food label or counter ticket, or ask to see our Allergen Information Guide. Please be aware our food is prepared in a busy kitchen and so MAY CONTAIN OTHER ALLERGENS in addition to those shown.

V Vegetarian VR Vegan Recipe** **GF** Gluten Free

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03/06/2025 11:27 601171-MM-2010660 Wk 34 Cafe Menu Feb 2025 E&W Lectern FULL MENU 880x410_RW.indd 1