



Wm Morrisons Supermarket Ltd
TS01K Cafe Allergen Information Guide

V29

May contain other allergens. Prepared in an open kitchen so we cannot guarantee suitability for people with allergies.
Vegan Recipe* - Although the recipe is suitable for vegans, it is prepared in an area where non vegan food is handled

03/11/2025

MAIN MENU

Celery

Cereals Containing
Gluten

Crustaceans

Egg

Fish

Lupin

Milk

Molluscs

Mustard

Nuts

Peanuts

Sesame
Seeds

Soya

Sulphites

Vegetarian

Vegan
Recipe *

OTHER BREAKFAST

Stacked Pancakes (with nutella)

Wheat

●

Hazelnuts

●

✓

Creamy Porridge

Oat

●

✓

Toasted Teacake

Wheat

●

●

✓

1 White Toast & Butter

Wheat

●

●

✓

1 Brown Toast & Butter

Barley, Rye, Wheat

●

●

✓

ADDITIONS

Strawberry Jam

✓

Marmalade

✓

Honey

✓

Nutella

Hazelnuts

●

✓

Butter

●

✓

Sunflower Spread

✓

ON TOAST

Fried Egg on Toast

Barley, Rye, Wheat

●

●

●

✓

Poached Egg on Toast

Barley, Rye, Wheat

●

●

●

✓

Scrambled Egg on Toast

Barley, Rye, Wheat

●

●

●

✓

Baked Beans on Toast

Barley, Rye, Wheat

●

●

✓

BREAKFAST SANDWICHES

Bacon Sandwich

Wheat

●

●

✓

Sausage Sandwich

Wheat

●

●

●

✓

Vegan Sausage Sandwich

Wheat

●

●

✓

Fried Egg Sandwich

Wheat

●

●

●

✓

Big Breakfast Sandwich

Wheat

●

●

●

●

✓

Big Veggie Breakfast Sandwich

Wheat

●

●

●

●

✓

Big Vegan Breakfast Sandwich

Wheat

●

●

✓

Lorne Sausage Sandwich (Scotland Only)

Wheat

●

●

●

✓

Add Cheesy Slice

✓



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CLASSICS

MAIN MEALS

Classic Fish & Chips

Wheat

●

Small Fish & Chips

Wheat

●

Scampi & Chips

Wheat

●

Sausage, Egg, Chips & Beans

Wheat

●

Veggie Sausage, Egg, Chips & Beans

Wheat

●

Bangers & Mash

Wheat

●

Veggie Bangers & Mash

Wheat

●

Steak Pie & Mash

Barley, Wheat

●

Ham, Egg & Chips

●

Lasagne

Wheat

●

Mac n Cheese

Wheat

●

Chicken Tikka

Wheat

●

Veggie Chilli, Rice & Garlic Bread

Wheat

●

Katsu Chicken Curry & Rice

Wheat

●

Giant Yorkshire Pudding

Wheat

●

WINTER WARMERS

Liver & Onions

●

Minced Beef Stew

●

Chicken Casserole

Wheat

●

LOADED BAKED POTATOES

Jacket Potato with Butter & Salad

●

Cheddar Cheese topping

●

Baked Beans topping

✓

Tuna Mayo topping

●

●

●

Veggie Chilli topping

●

✓



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BURGERS

Cheese Burger

Wheat

●

●

●

✓

✓

Falafel Burger

Wheat

●

●

✓

✓

Chicken Shop Burger

Wheat

●

●

●

✓

✓

Bacon

LIGHT BITES

SOUP

Heinz Soup & Bread Roll

Wheat

●

●

✓

SALADS

Tuna Salad

●

●

●

●

✓

✓

Ham & Egg Salad

●

●

●

✓

✓

Falafel Salad

●

●

✓

✓

SIDES

Side Salad

●

●

✓

✓

Mozzarella Sticks

Wheat

●

✓

✓

Beer Battered Onion Rings

Barley, Wheat

●

✓

✓

Mini Cheesy Hash Brown Bites

●

✓

✓

Chips

✓

✓

White Bread & Butter

Wheat

●

✓

✓

Brown Bread & Butter

Barley, Rye, Wheat

●

✓

✓

Garlic Bread

Wheat

●

✓

✓

Curry Sauce

Wheat

●

●

✓

✓

Gravy

Wheat

●

✓

✓

HOT PUDDINGS

Panettone Bread & Butter Pudding

Wheat

●

●

✓

✓

Toffee Apple Crumble Tart

Wheat

●

✓

✓

Churros with Nutella (Gibraltar only)

Wheat

●

●

✓

✓

Custard

●

✓

✓

Cream

●

✓

✓



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Seeds

Soya

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CAFE FOR KIDS

Mac n Cheese & Garlic Bread

Wheat

●

●

●

✓

BUILD YOUR OWN WAFFLES

Waffles

✓

Sausage

Wheat

●

Veggie Sausage

Wheat

●

✓

Scrambled Egg

●

●

✓

Fried Egg

●

✓

Baked Beans

✓

BUILD YOUR OWN MAIN

MAIN

Chicken Dippers

Wheat

Fish Fingers

Wheat

●

Mini Pizza

Wheat

●

Sausage

Wheat

●

✓

Veggie Sausage

Wheat

●

✓

SIDE

Mini Waffles

✓

Waffle Fries

✓

Chips

✓

Mash

●

✓

Yorkshire Pudding

Wheat

●

●

✓

VEG

Peas

✓

Steamfresh Veg

✓

Beans

✓



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SAUCES

Heinz Tomato Ketchup

●

Barley, Rye

HP Sauce

Heinz Mayonnaise

●

●

Heinz Tartare Sauce

●

Heinz Salad Cream

●

●

DELIVERY SERVICES ONLY

Fish Fingers, Chips & Peas

Wheat

●

Waffles with Egg & Beans

●

Chicken Dippers, Mini Waffles & Peas

Wheat

Pizza, Chips & Veg

Wheat

●

Sausage, Yorkshire Pudding & Veg

Wheat

●

●

Sausage, Mash & Peas

Wheat

●

Jacket Potato & Beans

●

Jacket Potato & Tuna Mayo

●

●

●

Jacket Potato & Cheese

●

Steak Pie, Chips & Mushy Peas

Barley, Wheat



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COUNTER LINES AND DRINKS

Celery

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Gluten

Crustaceans

Egg

Fish

Lupin

Milk

Molluscs

Mustard

Nuts

Peanuts

Sesame
Seeds

Soya

Sulphites

Vegetarian

*Vegan
Recipe

CAKES

AMBIENT

Strawberry Jam

Marmalade

Honey

Croissant

Fruit Scone

Blueberry Muffin

Lemon Muffin

Banoffee Muffin

Sticky Toffee Muffin

Salted Caramel Chocolate Brownie

Raspberry & Almond Slice

Gingerbread Muffin

Sticky Toffee & Pecan Cake

Iced Fruit Cake Slice

Mince Pie

Carrot & Walnut Cake

Victoria Sponge

Chocolate Fudge Cake

Rhubarb & Custard Cake

CHILLED

Biscoff Cheesecake

Chocolate Lumpy Bumpy

Toffee Apple Crumble Tart

Trillionaires Tart (contains Alcohol)

Lemon Meringue Pie

Cherry Meringue Pie

SANDWICHES & TOASTIES

Simply Cheese



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	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	Vegetarian	*Vegan Recipe
Simply Ham		Wheat					●									
Double Egg & Cress		Barley, Wheat		●					●						✓	
Ham & Cheese		Wheat					●									
Prawn Mayo		Barley, Wheat	●	●					●							
Festive Sandwich		Barley, Oat, Wheat		●					●							
Three Cheese Toastie		Wheat					●		●						✓	
Ham & Cheese Toastie		Wheat					●									
Kirsty's Caramelised Onion & Cheese Toastie																
Heinz Cheese & Bean Toastie	●	Wheat					●								✓	
Festive Toastie		Wheat					●									
Brie & Cranberry Toastie		Wheat					●								✓	

SNACKS

Oreo Twin Pack		Wheat											●		✓	
Organix Raspberry & Apple		Oats														✓
Organix Mandarin & Apple		Oats														✓
Walkers Cheese & Onion Crisps							●								✓	
Walkers Salt & Vinegar Crisps															✓	
Walkers Ready Salted Crisps															✓	
Hula Hoops Original															✓	
Quavers		Barley, Wheat					●						●		✓	
Skips Prawn Cocktail															✓	
Pom Bear Cheese							●								✓	
Rodda's Clotted Cream							●								✓	

IMPULSE

Gingerbread Person		Wheat		●			●						●		✓	
Tunnocks - Caramel Wafer SCOTLAND ONLY		Wheat					●						●		✓	
Tunnocks Teacake - SCOTLAND ONLY		Wheat		●			●						●		✓	
Patersons Shortbread Fingers		Wheat					●								✓	
Reese's Peanut Butter Cups							●				●		●		✓	
Loacker Napolitaner Wafer		Barley, Wheat					●			Hazelnut			●		✓	
Bear Strawberry Yo Yo																✓
We Love Cake Caramel Shortbread																✓
Giant Jammie Dodger		Wheat												●		✓
Nutella Portion							●			Hazelnut			●		✓	

ICE CREAM



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Kids Chocolate Milk 200ml							●								✓	
Kids Strawberry Milk 200ml							●								✓	
Aqua Libre Sparkling Water 330ml																✓
Irn Bru (Scotland Only) 500ml																✓
Lipton Iced Tea Lemon 500ml																✓
Copella Cloudy Apple Juice 250ml																✓
Tropicana Smooth Orange Juice 250ml																✓
Tropicana Multivitamin Juice 300ml																✓
Tropicana Original Orange 250ml																✓
7up 500ml																✓
Pepsi Max 500ml																✓
Jimmys Original Caramel 275ml							●								✓	
Naked 100% Juice Smoothie Green Machine 300ml																✓
Naked Blue Machine 300ml																✓
Naked Gold Machine 300ml																✓
Jolly Rancher Blue Raspberry																✓
Jolly Rancher Cherry																✓
Hersheys Milk Chocolate																✓
Reese's Freeze																✓
J2O Orange & Passionfruit 250ml																✓
Pepsi Max Cherry 600ml																✓
Pepsi Regular 600ml																✓
Diet Pepsi 500ml															✓	
Robinsons Ready to Drink Blackberry & Blueberry 500ml																✓
Tango Orange 500ml																✓

GIBRALTAR SANDWICHES ONLY

Ham & Cheese Toastie		Wheat					●									
Cheese Toastie		Wheat					●								✓	
Ham Sandwich		Wheat					●									
Ham & Cheese Sandwich		Wheat					●									
Tuna & Cucumber Sandwich		Barley, Rye, Wheat			●		●		●							
Cheese Ploughmans Sandwich		Barley, Rye, Wheat					●							●	✓	
Kids Ham Sandwich		Wheat					●						●			
Kids Cheese Sandwich		Wheat					●						●		✓	